

**Assignment Name: (2009-2010)**  
AHIU (ARSH)

**Project Area:**  
Uttarakhand (Dehradun, Haridwar,  
Udhamsingh Nagar, Nainital)



**Funder:**  
Futures Group International/ Govt. of Uttarakhand

**Narrative description of the Project**

- \* To establish State Adolescent Health resource center at HIHT to provide technical assistance to state of Uttarakhand for improving the status adolescent health.
- \* To create awareness & environment for ensuring adolescent friendly health services in the identified districts/Blocks in piloting phase

**Achievements:**

- \* Sensitization of state and district level government officials of Health, ICDS, Education, PRI and Civil Society, Youth organizations and others representatives on Adolescents Reproductive & Sexual Health issues about adolescent reproductive and sexual health issues.
- \* Improvement of the knowledge attitude and practices regarding reproductive and sexual health among adolescents in the age range of 10 to 19 years.
- \* Improvement of the adolescent's knowledge attitude and practices regarding general health, hygiene and nutrition in the project blocks.
- \* Empowerment of adolescents through life skills training and linking them for learning vocational skills
- \* Provision of health package for (IFA, TT, regular weighing, deworming, nutritional counseling etc.) adolescents with special emphasis on married adolescents.