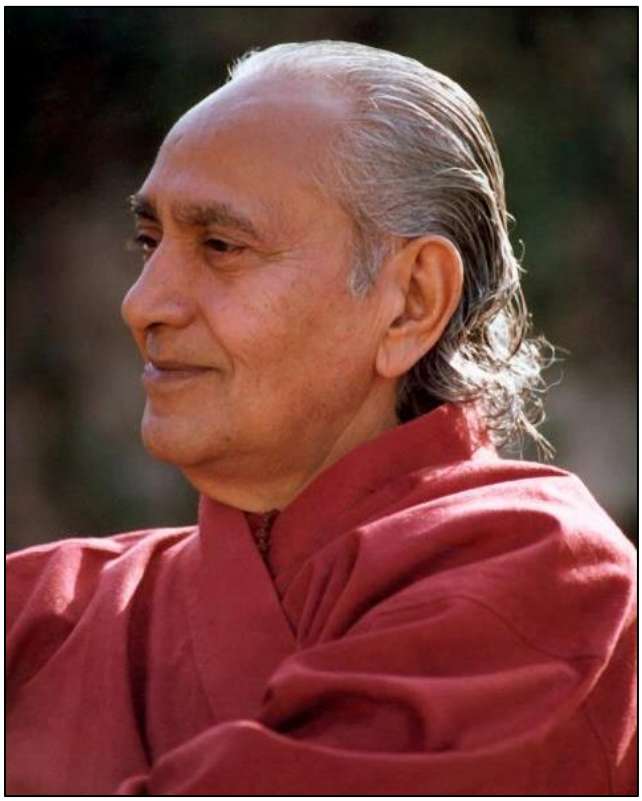
Rural Development Institute

Annual Report
(1 April 2023 – 31 March 2024)

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The human body has potential to cure its own aliments provided you know about your body.

H.H. Swami Rama



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ABBREVIATIONS

ADL	Activities for Daily Living
AFHC	Adolescent Friendly Health Clinics
ARSH	Adolescent Reproductive Sexual Health
ANM	Auxiliary Nursing Midwife
ASHA	Accredited Social Health Activist
AWW	Anganwadi Workers
AYUSH	Ayurveda, Yoga, Unani, Siddha, Homeopathy
BMI	Body Mass Index
CAP	Centre for Aromatic Plantation
CCDP	Comprehensive Community Development Program
CPR	Cardiopulmonary Resuscitation
CSR	Corporate Social Responsibility
D&ID	Disability & Inclusive Development
DMT	Dhyan Mandiram Trust
DPR	Detail Project Report
ICDS	Integrated Child Development Services
FHTC	Functional Household Tap Connection
IEC	Information Education Communication
IFA	Iron-Folic Acid
ISA	Implementation Support Agency
ISHGs	Inclusive Self Help Groups
Hb	Hemoglobin
HBNC	Home Based Neo Natal Care
HH	House Hold
HIHT	Himalayan Institute Hospital Trust
HPD	High Priority District
LPCD	Litre per capita per day
MCH	Maternal Child Health
MLHP	Mid-Level Health Professionals
MNREGA	Mahatma Gandhi National Rural Employment Guarantee Act
NKRC	National Key Resource Centre
NRHM	National Rural Health Mission
NGO	Non-governmental Organization
NACP	National AIDS Control Program
OHT	Over Head Tank
O&M	Operation and Maintenance
PE	Peer Educator
PPE	Personal Protection Equipment
RDI	Rural Development Institute
RIST	Rural India Supporting Trust
RKSK	Rashtriya Kishore SwasthyaKaryakram
PRI	Panchayati Raj Institutions
RTI	Reproductive Tract Infections
RWHT	Rain Water Harvesting Tank
SeW	Service Education Work
SARAR	Self-Esteem; Associative Strengths; Resourcefulness; Action Planning and Responsibility
SBM (G)	Swachh Bharat Mission (Gramin)
SHGs	Self Help Groups
SLWM	Solid and Liquid Waste Management
STI	Sexually Transmitted Infections
TOT	Training of Trainers
UNFPA	United National Population Fund
UT	Union Territories
UWSC	User Water Sanitation Committees
VDO	Village Development officer
VHND	Village Health Nutrition Day
WHO	World Health Organization
WATSAN	Water and Sanitation

ORGANIZATIONAL HIGHLIGHTS 2023-24

In 2023-24, the Rural Development Institute, Himalayan Institute Hospital Trust created a landmark by delivering training programs across the country under the Jal Jeevan Mission progam of the Ministry of Jal Shakti of GOI. Being the Key Resource Centre for Jal Jeevan Mission, the Institute has evolved training material and delivered training programs at the state level on various topics, including the revival of springs, operation and maintenance, source sustainability, gray water management, and climate resilience systems. Across the country, 12 states were covered, and 698 state representatives were trained. Besides, 5492 community representatives were trained in Uttarakhand on various components of Jal Jeevan Mission.

The Rural Development Institute, Swami Rama Himalayan University, and Indian Council of Medical Research started a multi-state implementation research project called Sankalp in Haridwar district. The project will focus on strengthening Program Implementation and Monitoring to Achieve Single-digit Neonatal Mortality. The study will be conducted in three phases - formative research to identify barriers in implementation, co-development of strategies and implementation of solutions in partnership with the local health system, and a planned exit, leaving back an improved and scalable implementation model for the health system to replicate. This is an initiative to augment the Government of India's and state Government's endeavors to ramp up the much-needed health system functionality for improving newborn survival.

Two innovative tools were used at the community level to focus on digital utilization at the grassroots level. In health, Mythry Thermalytix provided breast cancer screening using thermal imaging technology, particularly in underserved communities. These tools enhanced education and healthcare accessibility, improving well-being. In Education, Chimple App was used for improving foundational literacy including nmeracy skills of children.

Under Livelihood initiatives, cultivation of ginger and garlic has been the promoted. The produce was purchased, processed, and marketed to ensure a good price for the farmers. The waste paper recycling unit has been set up on the campus. In Rehabilitation, more than 1000 people with disabilities were served with various services as per their needs, including health, education, livelihood, and direct support.

Large-scale community education and training programs were undertaken under various projects in the entire working area. More than 3000 representatives were trained in various topics, including maternal and child health, CPR, menstrual hygiene, literacy, SDG, panchayati raj planning, etc.

HEALTH

1. Women and Child Health

Improving women and child health has been a key focus of all health programs implemented by the organization since its inception. The large-scale maternal child health program has been successfully implemented in the rural mountainous regions of the state, which not only strengthened the existing health system but also enabled quality health services. As a result, the organization has significantly contributed to the improvement of maternal and child health indicators in the state.

Maternal child health camps



Comprehensive maternal health camps were held in the areas where health services were not accessible easily and MMR and IMR was high. Salempur, Teliwala, Alipur, Ibrahimpur, Khallateera, Hazaragrant and Anneki villages were such villages. More attention was given on organizing regular health camps every Wednesday and Saturday, early registration, ensuring complete checkups and identification of high-risk signs and its management in the women. The team of health professional (Lady doctor, nurse, pharmacist, counselor, and field supervisor) provided quality services in which screening, growth monitoring, measuring BP, Sugar and HB, hearing fetus heart sound through Doppler, distribution of Tab IFA & calcium and counseling for care and for nutrition were included. 1828 pregnant and lactating women availed services in 72 camps.

Home visits



Home visits were made to pregnant and lactating women (N-2958) to follow-up with the health status of the mother and child. The health supervisors checked and assessed the health status during the home visits and conducted appropriate counselling on care during pregnancy, delivery, post-delivery & care of newborn and family planning services. The women along with their husbands and other family members were provided information regarding complete checkups, diet, institutional delivery, colostrum feeding, exclusive breast feeding, complementary feeding, identification of high risk sign and their referral and ensuring intake of balance diet and tab IFA & calcium and awareness about family planning services.

Special care for high risk cases

Care for high risk cases has been one of the important components of maternal child health program. Special attention was given on high risk cases. Total 156 pregnant women at high risk were served during the reporting period. They were offered services like transportation, investigation, treatment & nutrition supplements. The emphasis was given on early screening of such cases and the special training of ASHAs on identifying signs and symptoms of the pregnancy at high risk. Provision of nutrition kits were made for the women who had hemoglobin level below 7 gm. Transport facility were made available to reach higher health facilities for those high risk cases who had financial constraints. ASHAs and field supervisors closely monitored these cases during the entire pregnancy and post pregnancy period and ensure all the necessary services and support wherever required.



Nutrition kit distribution to woman



Transport facility provided to pregnant women

Village Health Sanitation and Nutrition Days (VHSNDs)





Village Health Sanitation and Nutrition Days, organized every Saturday once in a month, aims to create awareness about various health facilities available at the village and subsequent levels, enhancing healthy behaviour practices among villagers and providing nutrition and primary health care services for women and children especially to marginalized and vulnerable communities.

The VHSNDs were strengthened by conducting health camps and organizing counselling sessions on nutrition, family planning other health issues. The community were mobilized through ASHAs and field supervisors to attend the VHSNDs and know about the services available for them at the facilities.

The Laddoos made by a variety of millets have been promoted and distributed to pregnant women during VHSNDs to ensure the optimum nutrition level during pregnancy period. To ensure that the laddoos are eaten by the women, they have to

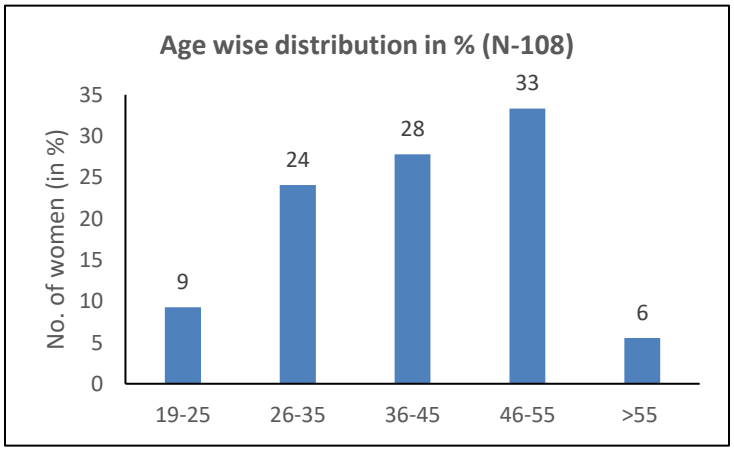
eat these laddoos during VHSND in front of team. The laddoos are being prepared by a local Self Help Group. Total 2131 pregnant women attended the VHSNDs.

Breast Cancer Screening : Thermalytix an AI based technology



The organization launched an awareness and screening program on breast cancer over its working areas. This year's World Cancer Day theme 'Closing the gaps' has led the organization to start breast screening and community level awareness campaigns. Breast cancer is one of the biggest and most serious health problems faced by women all over the world, including India. It is essential to detect it early so that treatment can be effective and results can be improved. The traditional screening methods like mammography have limitations, especially when resources are limited. However, now a new technology is emerging as the game changer in the field of breast cancer screening which is called Mythri Thermalytix. Thermalytix is a cost-effective, precise, automated, mobile, radiation-free, non-touched, and painless breast cancer AI based detection tool developed by Niramai, a Bangalore based organization. The core technology of Thermalytix uses patented machine learning algorithm to detect breast cancer accurately and with confidence.

The program was launched with an orientation session for the staff in collaboration with the Cancer Research Institute (CRI) and the Department of Community Medicine of Swami Ram Himalayan University. After the orientation, the screening sessions were organised in Haridwar, Dehradun and Pauri districts. Apart from screening, the sessions also included counselling, orientation and discussions on breast cancer and how to detect its symptoms. Orientation sessions were also organized for ASHAs and anganwadi workers on early screening of breast cancers.



Total 108 women were screened in 9 camps in Haridwar, Dehradun and Pauri districts. The highest number (33%) of women screened were in the age group of 46-55 years followed by 36-45 years (28%) and 26-35 years (24%).

The results of the tests revealed that out 108 women screened, 15.7% women (n-17) were found suspected and referred for further investigation for confirmation.

As part of our holistic approach to women's health, we recommended the practice of Makrasana for stress relief and hormonal balance.

Menopause Outreach Clinics



At the heart of women's health initiatives lies a critical yet often overlooked phase: menopause. While various programs are implemented on women's health, the significance of menopause in women's lives often remains sidelined. Menopause, a natural biological process marking the end of reproductive years, deserves attention and dedicated care. Menopause typically occurs in the late 40s to early 50s, diagnosed when menstruation ceases for 12 consecutive months. Recognizing the significance of this life stage, RDI took proactive steps and started a piolet study in underserved areas of Yamkeshwar block of Pauri Garhwal district. The team of outreach menopause clinic included medical doctors, yoga professionals and nurses who have better skills in communication and counseling. Total 193 women were screened in 11 camps and of these, 126 women were diagnosed with post-menopausal syndrome and received personalized care.



Menopause outreach clinics have been designed to offer women gynecological services, health check-ups, and community-based mental health support. These clinics also focus on educating women about the physical and mental changes that occur during menopause. Women can manage their symptoms through lifestyle changes, dietary counseling, yoga, pharmacological interventions, and local herbs and spices (natural medications). The psychological support services offered by these clinics include counseling and therapy to help women cope with emotional difficulties and maintain good overall mental health.



Yoga is a powerful tool in managing menopausal complications as it improves physical fitness and reduces stress. Outreach Clinics raise awareness, provide access to health care, and help to normalize menopausal conversations. The Menopause Clinic recognizes that every woman's experience with menopause is unique, and that there is no "one size fits all" approach to treatment. Treatment plans must be tailored to a woman's unique symptoms and medical history, as well as her personal preferences.

2. School Health



School health program is implemented in primary schools to enable health services for the children. The medical team conducted school health camps in each school at least twice. During these camps, all students underwent screening, growth monitoring, and educational sessions. Children who are anemic, undernourished or malnourished were provided with treatment and nutrition counseling. Severe malnourished cases were referred for treatment and follow-up of such cases was ensured. Screening of 4Ds were also done and identified cases were referred to appropriate facility through RBSK.



Health & hygiene session were also conducted which included practicing hand washing, cutting nails, brushing teeth etc. Parents were also counselled during parents teachers meetings. 2 teachers from each school were also trained on health, hygiene & nutrition to ensure the regular screening.

The health & hygiene clubs were also formed at school level. The students (2 girls & 2 boys) of class 4th and 5th selected for these clubs were also trained in the supervision of teachers of the school. The members of helth and hygiene clubs also ensure the health and hygiene of children.

2063 shool children were screened through 39 school health camps during the reporting period.

Health checkup for children of migrant families



General health checkup camps were conducted in the Aakhar centre. Total 196 children were examined for their health issues. Common health problems of cough, cold, fever etc. were seen in the most of the children.

At Flying Birds, 232 children and their parents were screened through monthly health camps. The children were found to be suffering from common ailments such as cough, cold, fever, and allergies, and they were provided with the necessary medications. On the other hand, it was observed that a majority of the parents reported joint pain.

3. Adolescent Health

The Adolescent Health Program of the organization is dedicated to promoting the holistic well-being of adolescents, addressing their physical, mental, and social health needs. Through targeted interventions and community outreach initiatives, adolescents are empowered with the knowledge and skills necessary to make informed decisions about their health and well-being. The adolescent program encompasses a range of activities, including health education sessions, access to reproductive health services, mental health counseling, and life skills training. We prioritize creating safe and supportive spaces where adolescents can express themselves freely and seek support when needed. By fostering positive relationships and providing comprehensive support, Adolescent Health Program strives to enable adolescents to navigate the challenges they face and thrive as healthy individuals in their communities.

Peer Educators

Peer Educators model has been adopted and implemented at school level. Extensive awareness sessions for PEs covering various crucial topics such as reproductive sexual helath, menstrual hygiene management, mental health, growth and development, nutrition, gender, violence were condcuted emphasizing the importance of topics for them. Specific nutrition education sessions were also held to promote healthy eating habits among adolescents, fostering their overall well-being.



Moreover, sessions were dedicated to raising awareness about breast cancer, emphasizing early detection and preventive measures. Recognizing the significance of mental health, sessions were conducted to address mental health issues prevalent among adolescents, offering support and guidance. Peer educators could relate closely to the experiences and concerns of adolescents and through their involvement, 1223 adolescents were reached out and equipped them with the necessary knowledge and skills to effectively address the diverse needs and challenges faced by adolescents.



Health & Hygiene Clubs

Recognizing the importance of instilling good health and hygiene habits from a young age, Health & Hygiene Clubs have been introduced in schools. These clubs serve as dynamic platforms for promoting health education, fostering hygiene practices, and cultivating a culture of wellness among students. PEs and teachers have been made the members of these clubs who take care of all adolescent related activities in the school. Through a combination of education, practice, peer support, and community engagement, these clubs play a pivotal role in shaping a generation of informed, empowered, and resilient individuals who prioritize health and hygiene as fundamental pillars of their lives.

Training of Teachers

Teachers are an important stakeholders in adolescent health program who can educate adolescents about various health topics such as nutrition, sexual health, mental health, substance abuse, and hygiene. They can facilitate discussions, provide accurate information, and raise awareness about healthy lifestyle choices. Teachers often have daily interactions with students and can recognize signs of health issues or risky behaviors early on. They can intervene by referring students to school counselors, nurses, or appropriate health professionals for support and assistance.



57 teachers of primary, high school and intermediate collegs were trained to enhance their knowledge and skills on various adolescent health issues. The six components of Rashtriya Kishor Swasthya Karyakram (RKSK) were explained to them throuhg presentations, group discussion etc. 4 Ds (Defects at birth, Diseases, Deficiencies and Development delays) were also explained to the teachers and how the referrals be done throuhg Rashtriya Bal Swasthya Karyakram (RBSK) of GOI.

Adolescent Friendly Health Clinics

Adolescent Friendly Health Clinics (AFHCs) were organized in schools to provide health services for young people. These clinics offered a platform for adolescents to communicate their issues with the counsellor and seek help for appropriate solutions. The counsellors provided advice on various health issues such as anaemia, nutrition, growth and development, RTI/STI and mental health. Additionally, adolescent girls were educated about menstrual hygiene.



Menstrual Hygiene Management Program

Menstrual hygiene management (MHM) is an essential component of the organization's adolescent health programs. The organization has a well-defined structure for Menstrual Hygiene Management, including training materials, resources and pool of experts. These initiatives cater to adolescent girls and young women, including those with disabilities. Training sessions covered a range of topics, including the physiology of the menstrual cycle, addressing taboos and myths, nutrition, reproductive tract infections (RTI) and sexually transmitted infections (STI), and personal hygiene. Special attention was given to orienting participants with disabilities and their caretakers. Over time, various initiatives have been undertaken to raise awareness among communities, adolescents, teachers, and stakeholders.

A specialized program tailored for teachers, known as the School MHM Program, aimed to train all teachers from government secondary and senior secondary schools across Uttarakhand. The program was launched in May 2022 and completed in May 2023. 28 batches were organized under the program training training 8272 teachers statewide. Expert speakers from Swami Rama Himalayan University and RDI

facilitated these sessions and covered comprehensive aspects of MHM, including reproductive health education . At school level, sessions were conducted with 225 students.

As part of the initiative, reusable sanitary napkins known as Saafkins were distributed to girls, promoting sustainable menstrual hygiene practices.



During the reporting period, field visits were conducted to certain areas to disseminate information and promote practices related to menstrual health and hygiene. These visits emphasized the importance of using sanitary napkins, safe disposal methods, and personal hygiene practices. Specialized training sessions on menstrual health management were organized in villages Khadri and Raiwala (Block Doiwala) for more than 50 girls and women with disabilities. Additionally, sanitary pads were distributed to them, enhancing accessibility to essential menstrual hygiene products.

The training initiatives underscored the need for an inclusive approach to menstrual health management for disabled women. Addressing the unique challenges related to mobility and accessibility is paramount to ensuring their overall well-being and inclusion.

The menstrual hygiene management initiatives have made significant strides in raising awareness, promoting inclusive practices, and enhancing accessibility to essential resources. Moving forward, continued efforts in this direction will contribute to improving the overall health and well-being of adolescents and women in our communities.

Training on First Responder



First responder program is an important component of RDI's primary health care programs which includes CPR and first aid. Designed to equip individuals with the skills and knowledge necessary to respond effectively in emergency situations, CPR programs offer training in life-saving techniques such as chest compressions and rescue breathing. These programs empower participants to confidently intervene during cardiac arrests or incidents of sudden cardiac arrest, significantly increasing the chances of survival for those in need. Beyond the technical skills, CPR programs also foster a culture of preparedness and empathy, instilling the importance of swift action and solidarity in the face of medical emergencies. By promoting widespread CPR training and awareness, these programs serve as a cornerstone in the collective effort to save lives and build resilient communities.

Apart from training the youth and adults, school children were also trained on first responder and road safety. They learned about the first responder concept and the role a first responder can play during any emergency situation.



RDI in collaboration with Department of Paediatrics, Himalayan Hospital also participated in a one day orientation program on CPR for the 400 cadets of IMA Dehradun.

Total 316 participants were trained in 8 batches of training troughout the year at community and school levels in Dehradun and Pauri districts.

4. Primary Health

General Health Camps



General Health Camp served as an important platform for promoting health and well-being in the remote communities. By offering accessible healthcare services, raising awareness, and fostering collaboration, the camps contributed to improving the overall health outcomes and quality of life for participants. The primary objective of these camps were to provide accessible healthcare services to the community, focusing on preventive care, health education, and early detection of health issues. The camps also included the services such as growth monitoring, measurement of blood pressure, sugar test and Hb test. Tablets of Iron Folic Acid (IFA) and calcium were provided to women in their antenatal and postnatal period.

The camps witnessed a significant turnout from the local community, with individuals of various age groups and backgrounds availing themselves of the services offered. The diverse attendance highlighted the relevance and importance of such initiatives in addressing healthcare needs at the grassroots level. Total 16 general health camps were organized benefitting 638 patients.

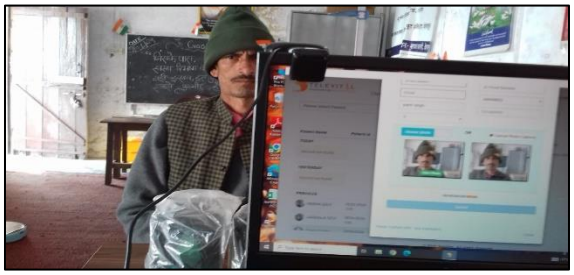
Telemedicine services

Telemedicine services offer a multitude of benefits, particularly in mountainous regions where access to traditional healthcare can be challenging. Firstly, telemedicine bridges the gap of distance, enabling individuals in remote mountain areas to receive prompt medical attention without the need for arduous travel. This not only saves time but also reduces the risks associated with long journeys, especially during emergencies. Moreover, telemedicine enhances healthcare accessibility by connecting patients with specialists who may not be available locally, thereby expanding the scope of medical expertise available to mountain communities. Ultimately, by leveraging technology to overcome geographical barriers,

telemedicine empowers mountain residents to access quality healthcare conveniently and efficiently, improving overall health outcomes and quality of life in these regions.

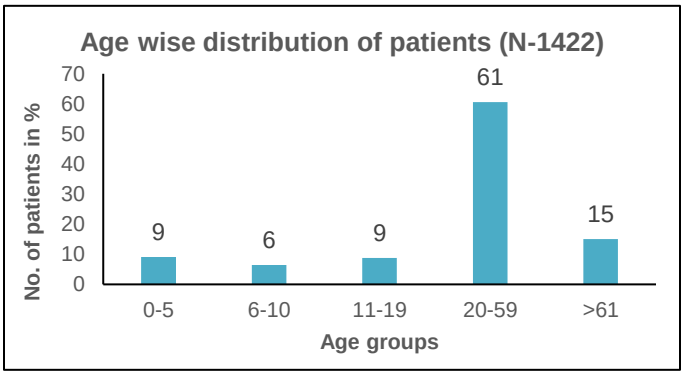
The organization operates telemedicine centers in two hill blocks of Uttarakhand, Toli in Jaiharikhal block of Pauri district, and Nagthat in Kalsi block of Dehradun district, serving a population of approximately 70,000 people.

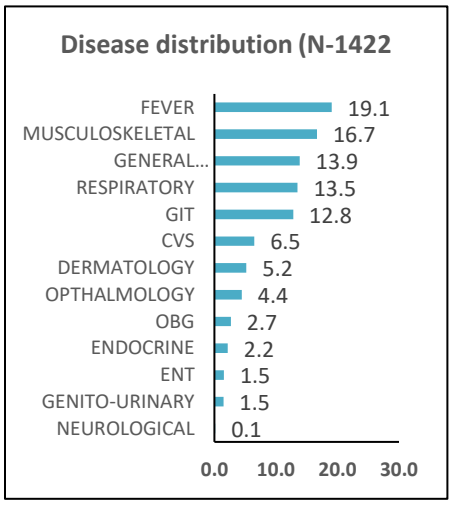




Himalayan Sanjeevani Clinic, Nagthat, Dehradun

1422 Patients visited the telemedicine centre of which 1247 were connected to Specialists at Himalayan Institute of Medical Sciences, SRHU for secondary consultation. Out of total 1422 patients availing the temelemedicine services, 715 were female while 707 were male patients. The highest number of (61%) patients were in the age group of 20-59 years wehereas the lowest (6%) remained in group of 6-10 years. Measurement of blood pressure, conduct of sugar test, Hb test, ECG were done for the patients.

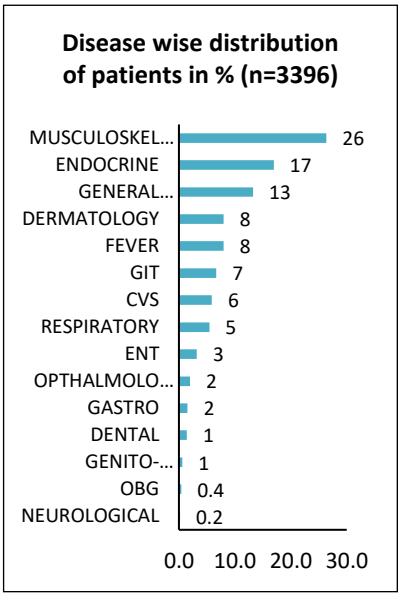




The disease wise chart indicates that 19.1 cases reported fever, 16.7% reported musculoskeletal, 13.9% common problems, 13.5% reported respiratory issues while 12.8% reported GIT issues. Cardiovascular, skin, opathalmology and OBG related problmes were reported by 6.5%, 5.2%, 4.4% and 2.7% patients. Neurological problems were reported by only 0.1 % patients.

Himalayan Sanjeevani Clinic, Toli, Pauri Garhwal

In the reporting year, 3396 patients visited the Himalayan Sanjeevani Clinic. Over 75% received specialist services through telemedicine. The clinic received slightly more female patients (F-1878, M-1699). Most patients were in the 15-75 age group. Toli Telemedicine centre patients reported musculoskeletal (26%), endocrine (17%), general(13%), skin (8%), fever (8%), GIT (7%), cardiovascular (6%) and respiratory (5%) problems. 3 % patients report ENT problems while 2% each was reported for gastro and eye related issues. Patients benefited from early detection, second opinions, and initial treatment. Older patients received suitable treatment at home, including second opinions from specialists.



Comprehensive Package of Service - TB Elimination program

Tuberculosis (TB) elimination programs aim to reduce the incidence of TB, improve diagnostics and treatment, and eliminate the disease as a public health threat. Tuberculosis is an infectious disease caused by the Mycobacterium tuberculosis bacteria, primarily affecting the lungs, hence proper nutrition plays a crucial role in supporting the overall health and immune system of individuals undergoing TB treatment. While proper nutrition alone cannot cure TB, it can contribute to the effectiveness of the treatment and help the body fight the infection. Proper nutrition enhances the effectiveness of TB treatment.



The Rural Development Institute, Swami Ramam Himalayan University has started the TB elimination program by providing basic food kits as well as regular health screening camps to the patients with tuberculosis from June 2023. The program is being implemented in Dehradun and Haridwar districts. 1000 TB patients will be supported in this program. The field level support in identifying the TB patients is being provided by Aas organization. The food kits are distributed to TB patients every Saturday in Doiwala and Baharadrabad blocks. A team of doctors from the department of Pulmonary Medicine of Himalayan Hospital carry out health check-ups of the patients who receive the food kits . The number of TB cases among women is higher than that of men. To date, 600 patients with TB have been provided with food kits andhHealth screening services.



The program is assisted by TB champions on the ground. A TB champion is someone who has been diagnosed with TB earlier in their lives and is now completely cured. A TB champion plays a vital role in TB prevention and treatment, raising awareness, fighting for change, supporting patients and communities and driving innovation.

Although TB elimination is complex task that involves numerous challenges, but the initiative has brought a significant improvement in the helath of the TB patients. As the regular health screenings of TB patients have shown the improved immune function, enhanced medication tolerance, faster recovery and healing, prevention of nutrition deficiencies, psychological support etc. Providing nutritious food kits to TB patients is a holistic approach to TB management that addresses not only the microbial aspect of the disease but also the nutritional, social, and psychological factors that influence treatment outcomes and overall health.

ASHA Certificate Course- Comprehensive Maternal Health Care and Services



Since 2019, Rural Development Institute in collaboration with Swami Rama Himalayan University is running a six-month ASHA certificate course. The "ASHA Certificate Course – Comprehensive Maternal Child Health Care and Services" basically adapted from the existing curriculum of ASHA designed and implemented by Ministry of Health & Family Welfare GOI through National Health Resource Center across the Country. The curriculum includes 5 modules, focused on maternal child health and also incorporate tools of community participation and mobilization, management of information, National Health Programs, basics of AYUSH, first responders, palliative care, role of health workers in disaster and epidemic situation, analytic and problem solving skills.



The primary objective of the course is to enhance the knowledge, skills, and practices of community health workers in a way that they can easily transfer it to people in their communities. The course strengthens the skills of community health workers in community coordination, effective communication, and quality counseling. It also provides them with more exposure to subjective knowledge and hands-on training on select topics. Additionally, the course provides them with an opportunity to gain exposure to village settings, sub-centers, primary and community health centers to comprehend the scope of their work, working patterns, and available facilities.

In the reporting period, 56 candidates completed the course. As of March 2024, 136 candidates have successfully completed the course in six batches and many of them got placement with Himalayan Hospital and other organizations. The seventh batch is in progress from January – June 2024.

5. Holistic Health



RDI continues its commitment to rural communities by offering a yoga program on the 20th and 22nd of each month. This residential program is provided free of charge and includes visits to the Swami Rama Centre and ashrams established by H.H. Swami Rama and Swami Ved Bharti. This year, 58 participants, including community members, teachers, and new RDI staff, took part in the program.

Additionally, weekly workshops on holistic health were organized specifically for women at RDI. These one-day workshops aimed to introduce women to the concept of holistic health, covering topics such as breath awareness, makarasana, sitting posture, nadishodhana, and relaxation techniques. A total of 29 women participated in these enlightening workshops.

6. SANKALP Project



Rural Development Insitute, Swami Rama Himalayan University and India Council of Medical Research started an implementation research initiative titled, "Sankalp : Strengthening Program lmplementation and Monitoring to Achieve Single digit Neonatal Mortality", at 10 districts in lndia with high NMR, representing 4 Empowered Action Group states and 5 other states, these are, Unnao (UP), Varanasi (UP), Haridwar(UK), Purnea(Bihar), Dungarpur(Raiasthan), Koppal(Karnataka), Adilabad (Telangana), Murshidabad (West Bengal), Ambala (Haryana), Khargone (Madhya Pradesh). Local medical colleges/ research organizations have been identified as collaborators for the initiative.

The study will be conducted in three phases- formative research to identify barriers in implementation, co-development of strategies and implementation of solutions in partnership with the local health system, and a planned exit, leaving back an improved and scalable implementation model for the health system to replicate. This is an initiative to augment Government of lndia's and state Government's endeavors to ramp up he much needed health system functionality for improving new born survival. The project duration will be for 3.5 years starting from 15th of March 2024.

Success Stories from Field: Improving Nutrition throuhg Millets

Haridwar is one of the two aspirational districts in Uttarakhand struggling to reduce maternal mortality and morbidity. Bahadrabad block is one of the largest blocks of Haridwar district having more than 3.50 Lakh populations. RDI-HIHT is providing basic maternal and child health services in the selected villages of Bahadrabad block in collaboration with Wipro Care. Mrs. Pawandeep Kaur is providing maternal and child health services for pregnant and lactating women at community level in the block with the help of ASHAs. During the screening, she found many pregnant and lactating women suffering from moderate to severe anemia. Their regular intake of iron-rich diet was also poor due to their socio-economic status and practices. Most of the women were not getting adequate meals. Pawandeep conducted a meeting with all ASHAs of that area and sought suggestions from them to address the issue. She also delivered a session on the importance of millets brainstormed with them how millets be made available to pregnant and lactating women.



After 2-3 days, the group of ASHAs informed Pawandeep that it can procure, process and distribute millets in the form of laddoos to individual pregnant and lactating women during the Village Health Sanitation Days (VHSND) to which Pawandeep immediately agreed. ASHAs made self-help group named “Pragati Sahayat Samooh” and procured the raw material and processed laddoos from the local millets and distributed to women during the VHSNDs. The women found the laddoos very tasty and nutritious. The laddoos have become popular among women. After this initiative eligible couples’ participation in the VHSND has increased and health workers are able to organize successful VHNDs which ultimately have increased the coverage of antenatal, postnatal, family planning and immunization services significantly.

Life changed !

This was in March 2022, a maternal child health camp was being organized by RDI in Shivgarh village of Bahadarabad. Kamla Devi (name changed) came to this camp who was very scared and was panting. First we gave her water and asked her to sit quietly. After some time, again we talked to her. She shared about a lump in her breast and she had heard from the pople that any kind of such cyst/lump in the breast may be a cancer. Kamla said, “I do not know what to do”. If I will get cancer, how am I going to survive because I do not have any resources? My husband is working as a daily wage worker in a factory and I have 4 children. I heard from someone that HIHT provide screening facilities and



treatment without any cost. So I came here". Then Ms. Maya Sharma (health worker) made her comfortable and told her that every cyst was not a cancer. We will support you in diagnosis process but you have to come to our hospital at Jolly Grant. Kamla was very depressed and frequently crying and sharing about her illness with everybody.

The next day, she reached the OPD of the Himalayan Hospital and screening process started. She was continuously crying. When the primary reports came out and the physician shared with her that the cyst was not cancerous. She could not believe what she heard and again asked doctor to repeat his words. I do not have cancer, doctor. Is it true! Doctor explained her that investigation does not show any cancerous cells in the cyst. You are totally healthy but you have to take some treatment for the cyst as well as you have to repeat the screening process every six months for the next two years.

Her eyes were searching for someone here and there. Once she saw Maya, she stood up and hugged her and cried and said, "You not only saved my life and changed it also".

EDUCATION

The education program of the organization aims to support the educational needs of children from marginalized sections of society. These programs involve various activities for school-going children, such as selecting new scholars to replace those who have dropped out, distributing fees, organizing sessions on personality development, career counseling, exposure visits, sports, and creating awareness about personal hygiene, menstrual hygiene management, and first responder training, among other things.

Scholarship

In the current year, the program has granted scholarships to a total of 102 children. Out of these, 17 children have successfully completed their 12th grade and have left the program. However, new selections were made to fill the vacant seats. Additional fees were provided to support the children preparing for their 10th and 12th grade examinations, for their coaching. The children were provided with uniforms, winter clothes and other items as per their education needs.

In addition to school fees and uniforms, children were given hygiene kits, sport kits etc. from time to time.



The scholars receiving their scholarships



Uniforms distribution to scholars



Scholars received sports items



Uniforms distribution to scholars

Personality development

Several personality development workshops were conducted for children. These workshops engaged the children in various activities such as calligraphy writing, yoga, art therapy, and book reading in the library. The calligraphy session was led by Mr. Aryan, an MBBS student at Himalayan Institute of Medical Sciences, SRHU.



Yoga is very important for children in maintaining overall wellbing. Yoga sessions were conducted druing the workshops in RDI. The children practiced different asanas such as Makrasana, Shavasana, Lion pose, and Sitting postures. Additionally, Art Therapy session were also conducted with the children in which they learned different aspects of art therapy. Art therapy is a medium for helping children deal with challenging emotions and express their thoughts and feelings. It allows them to process the things that have happened to them and helps reduce stress and anxiety. The children enjoyed the session and expressed themselves through creative art work.

Career counseling sessions were also organized for children. A team of the Admission Cell of Swami Rama Himalayan University conducted the session using an interactive presentation. The resource person asked every scholar his or her career goal and advised them accordingly. The scholars asked the resource person several questions and cleared their doubts.

Language classes



English classes for scholars continued during the reporting period also. Mr. Paul, who is volunteering for these classes, conducted 10 sessions for the children on Sundays. The assessment tests were conducted at the end of the sessions. The children were were very confident after attending the classes and they appreciated the efforts of the trainer.

Vidya School



Vidya school enrolls the children of the faculty and staff of SRHU for pre-primary education. Apart from the regular teaching classes, attention was paid to cleanliness, personal hygiene, and fun-based learning. The school also observed an annual celebration and organized Sports Day, Republic Day, and Independence Day incuding a farewell party as well. 11 Children were enrolled in the school in 2023-24.

Flying Birds



Flying Birds focuses on providing education, health, and nutrition to the children of laborers. The organization has been supported by the Pooja Kajal Foundation since 2017. Along with regular classes, children are also involved in extracurricular activities such as sports, yoga, cultural programs, art and craft. The school also encourages children to take responsibility for maintaining the hygiene of their environment by cleaning the school compound and surrounding areas and engaging in gardening activities.



Apart from teaching, the children were provided with mid-day meals and milk on a daily basis, as well as nutritious snacks from time to time. Additionally, during the winter season, children were given winter clothes which include sweaters, shoes, and socks. School supplies such as stationery, note books, books were also given children.

108 Children attended Flying Birds during the year. Of 108, 61 children got enrolled in regular government schools for further education.

Enabling Fundamental Literacy : Aakhar

The Aakhar program was initiated in 2021 to address the profound impact of the Covid-19 pandemic on children's fundamental literacy, particularly those from lower socio-economic backgrounds who lacked access to online education. In its first phase, five centers were established across Dehradun and Pauri Garhwal districts, with three additional centers, 2 in Dehradun and 1 in Tehri district, opening this year. These centers have enrolled over 200 children, providing them with essential educational materials such as books, notebooks, and stationery. Daily classes, spanning two hours and following a prepared syllabus, are conducted at each center, supplemented by library sets for further learning opportunities.





This year focused on bringing in tools to understand the progress made by the children individually in terms of reading, comprehension and writing skills. Chimple App was introduced through tablets. Chimple is an educational app for children, from toddlers to preschoolers and kindergarteners, designed to help with early literacy. Chimple Kids features a series of educational games in English, Math, Hindi, and Digital Skills to help kids recognize numbers, practice addition and subtraction, identify letter shapes, associate them with phonic sounds, nouns, verbs, sentences, vowels, and put their alphabet knowledge to use in fun matching lessons. Children enjoyed the app very much and learned their subjects quickly



In addition to academic support, the program included art therapy sessions, teacher cross-visits, fruit distribution, and teacher training activities, enriching the overall educational experience.



Electricity issues were reported at the Laltappar center, where the children of migrant workers are enrolled. This problem was adversely affecting the children's education. To address the issue, 26 solar lights were provided at the center. The children were happy upon receiving the solar lanterns..

Details of Centres		
SN	**Name of centre**	**No. of children**
1.	Thalda, Toli	16
2.	Ithaarna	27
3.	Mayakund	36
4.	Nagthaat	15
5.	Laltappar	45
6.	Gujjar Basti, Lachhiwala	38
7.	Gujjar Basti, Athoorwala	26
8.	Hindolakhal	10
	Total	**213**

Support to Shourya



Shourya, whose mother was a teacher at the Nagthat Aakhar Centre, received comprehensive support for his growth following his mother's passing. He is 2 years old now and received clothes, milk, and diapers on a regular basis.

Art therapy Online sessions on Art Therapy catered to children's needs.

LIVELIHOOD

Comprehensive Community Development Program-SRHU

The Comprehensive Community Development Programme initiated in the Toli area of Jaiharikhal block, Pauri Garhwal district, in 2019, aims to foster sustainable, holistic community development. By promoting income-generating opportunities and providing essential health services, the program seeks to uplift local communities. Emphasizing a need-based, demand-driven, and community-oriented approach, with active involvement from Panchayati Raj Institutions (PRI) and particularly women, the initiative focuses on implementing community/individual action plans to enhance quality of life. This model aligns with the community-based approach central to the project's vision.

Notably, the program has repurposed fallow land, cultivating rosemary, black cardamom, ginger, turmeric, and garlic—plants resilient to non-irrigated areas and wildlife damage. Consequently, individual households have seen improved income. Additionally, the introduction of a value addition center has enhanced sorting, processing, and packaging of local produce, facilitating access to larger sustainable markets. Moreover, the project has introduced innovative technologies and practices to address labor shortages, promoting agriculture as a profitable avenue for youth engagement without significant physical exertion.

Distillation of Lemongrass

In the working area, lemongrass sourced from 90 farmers across four villages amounted to an estimated 13,190 kilograms. This raw lemongrass underwent processing in a distillation unit, resulting in the extraction of 33 kilograms of oil. The households engaged in lemongrass cultivation were delighted to receive the payment for their harvest conveniently at their doorstep.

Rosemary Production

11 kilograms of fresh rosemary were initially collected, yielding 3.5 kilograms of dry material after processing, which was subsequently sold at the market. Following an evaluation of the past two years' experiences, it has been decided to discontinue harvesting rosemary from this year onwards.



Turmeric, Ginger, Millets, Garlic and Chilly cultivation

In our work area, a total of 1100 kilograms of turmeric were gathered from 24 farmers spanning 14 villages. Post-processing, this amounted to 285 kilograms of turmeric, 1.50 kilograms of which were swiftly sold on campus. Additionally, 8 kilograms of fresh red chilies were procured from two families hailing from two villages. These chilies underwent drying and processing, resulting in red chili powder, the entire 8 kilograms of which was sold out within just one day.

Moreover, 35 kilograms of fresh ginger were purchased from a single farmer, yielding 4 kilograms of ginger powder, which was then sold in convenient 100-gram packs. Various millets including Jhangora (79 kg), Manduwa (50 kg), and Jhakiya (10 kg) were also obtained and promptly sold.

Furthermore, 51 kilograms of fresh garlic were sourced from two villages. After processing, 11.5 kilograms of garlic powder were packaged into 100-gram packs and made available for sale.








Establishment of processing unit

In 2023, a new processing unit spanning 350 square feet was constructed, alleviating the challenges previously faced due to the absence of such a facility. With the setup of this new unit, storing goods has become significantly more manageable, marking a substantial improvement in operational efficiency.



Plantation

In selected villages, 10 farmers collectively planted 300 lemon trees and 100 apple trees. These efforts were bolstered by support for the previous four orchards, which received compost fertilizer and were connected with the state horticulture department, enhancing their growth and productivity.




Turmeric Seed Production

In 2023, 600 kilograms of superior turmeric seeds were sourced from Almora and distributed for cultivation in Toli and nearby villages. Unlike the local variety, these new seeds boast a higher curcumin content, promising enhanced quality and yield.



Tailoring

The unit remained dedicated to its routine tasks, making uniforms for university students and staff alongside essential items like hospital masks. Special projects included sewing scarves for SRHU convocation and providing sweaters, uniforms, and shoes for children under the Swami Rama Scholarship program. Additionally, the team created items like mala pouches, japa bags, sandbags, and yoga relaxation kits. They also actively participated in distributing food, nutrition kits, clothes, shoes, and other necessities across various locations.

Tailoring and handicraft training initiatives benefited 18 individuals, including girls, women, and boys across multiple centers.



This year, a tailoring center was setup in Athoorwala Gujjar Basti to impart tailoring skills to the girls and women of the community, providing them with alternative opportunities for income generation. 8 women and girls have been enrolled in the centre.

Bella Tailoring

The Bella Tailoring program has been launched within the Flying Birds community with the aim of equipping women and girls with tailoring expertise. Formal education is not a prerequisite; basic literacy is all that is needed to acquire these skills. Under the guidance of a dedicated instructor, 8-10 women and girls undergo regular training sessions in tailoring. Upon mastering these skills, the participants are able to generate extra income for their families.

WATER & SANITATION



The organization has been dedicated to improving water, sanitation, and hygiene (WASH) services in rural areas. Its mission is to provide sustainable health and hygiene benefits to communities through the implementation of WASH programs. To date, RDI has reached more than 550 villages. Over the past 25 years, the institute has undertaken demand-responsive, need-based, and community-driven projects, ensuring active participation from gram panchayats, user committees, and the community. These groups plan, design, implement, and manage their own WASH programs.

Key Resource Centre (KRC

Ministry of Jal Shakti, Government of India has empanelled HIHT as Key (Knowledge) Resource Centre for capacity building and training of the officials, functionaries and stakeholders of Level -2 (Mid Management) and Level – 3 (Community) for Jal Jeevan Mission till 2024. KRC would be engaged in training/capacity building of different stakeholders, dissemination of knowledge and information, development of high-quality content, documentation of best practices, etc. in the water supply sector.

Key Focus Areas of WATSAN

- Integrated water resources management (Source recharge, rejuvenation, Source sustainability, Rain water, Springshed & Catchment area protection)
- Services (Water Supply Schemes, Rain Water Harvesting Tank, Springshed Management Sanitation, Environment & NRM, Community Education)
- Technical Support at Community and Institutional level
- Developing and Promoting Innovative Technologies (Existing technology vs. Innovative technology, Use of traditional wisdom & technology with scientific approach)
- Training & Capacity Building
- Research and Publishing literature
- Developing Training Module, Kits, IEC & SBCC material
- Community Mobilization and

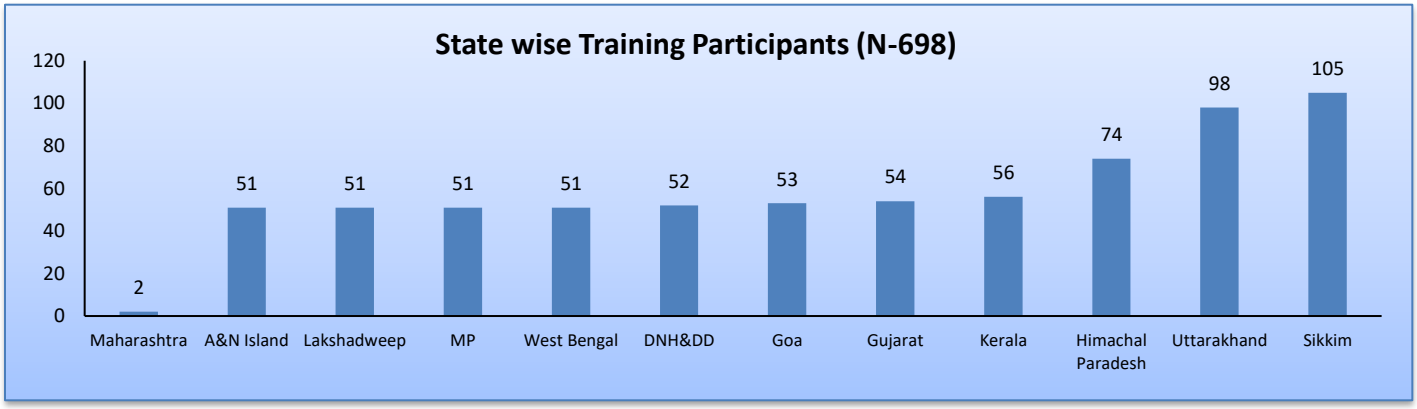
Jal Jeevan Mission Program

Jal Jeevan Mission (JJM) is envisioned by the Government of India to provide safe and adequate drinking water to all households in rural India through individual household tap connections by the year 2024. The mission is also focused on to implement source sustainability measures as mandatory elements that include recharge and reuse through grey water management, water conservation and rain water harvesting among the others. Extensive information, education, stakeholder training and communication are the key components of the mission. Key Resource Centres are nationwide recognized by the Ministry of Drinking Water and Sanitation with a mandate to undertake capacity building trainings of various stakeholders.

KRC- HIHT conducted training programs for Level-2 (L2) and Level-3 (L3) in the period of April 2023 to March 2024. Details are cited below;

Capacity Building through 15 Batches of Three Days Residential Training Programs

15 batches of Public Health Engineers (PHEs) were trained through three-day capacity building and training program on five major themes as per approved through the Annual Action Plan of 2023- 24 by Ministry of Jal Shakti, Government of India. For all the States, 3 days residential training program of 15 batches were conducted; wherein a total of 698 mid-level government officials including Executive Engineers, Assistant Engineers & Junior Engineers from Water Supply department of the respective States were trained. In some States, Officials from Panchayati Raj Department, Irrigation department and Rural Development Department also participated in these training programs.



Theme 1: Direct Injection of treated Rainwater in Aquifer Recharge, Revival of Springs & Springshed Management



KRC- HIHT conducted three training programs on this theme; one each for the States- West Bengal, Uttarakhand and Himachal Pradesh; wherein total 122 mid-level engineers participated in this program. The major objective of the program was to convey the attention of Public Health Engineers on the cross-cutting issues of rural water supply schemes and water resource management through application of methodology of direct injection of treated rainwater in aquifer recharge, revival of springs & Spring shed Management in the region of their respective State.



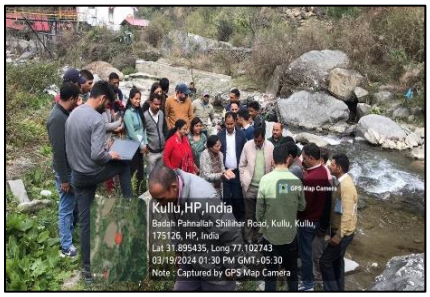
Participants were oriented about the use of aquifer recharge by direct injection of rainwater into aquifers to increase the groundwater recharge rate and the process of injecting excess rainwater directly into the ground through recharge wells, infiltration basins or trenches, or other recharge structures.. Efforts done to build the capacity of participants on innovative technologies of tapping spring water and spring-based water supply system which

is safe and reliable for communities living in mountainous areas and skills were shared with participants to ensure community participation in all aspects of water supply systems and its sustainability.

Theme 2: Operation and Maintenance of Water Supply Systems, Utility Approach & Tariff Collection Mechanism



Three training programs were done on this theme; one each for the States- Sikkim, Andaman & Nicobar Island and, Lakshadweep Island; wherein total 152 mid-level engineers participated in this program. The major objective of the program was to convey the attention of Public Health Engineers on the cross-cutting issues of rural water supply schemes and water resource management and its operation and maintenance as utility approach & tariff collection mechanism. Participants were shared the concept and O&M as per the 73rd Amendment Act and reforms in rural drinking water supply and their understanding were enhanced on disinfection system for potable water supply.



Theme 3: Revival of Traditional Water Bodies for Source Sustainability



On thi theme three training programs were conducted; wherein total 118 mid-level engineers from the States- Kerala, Maharashtra, Himachal Pradesh and Uttarakhand, Gujrat participated in the program. The major objective of the program was to convey the attention of Public Health Engineers on the cross-cutting issues of rural water supply schemes and water resource management with revival of traditional water bodies for source sustainability.



Participants were imparted knowledge and understanding upon the region wise types of traditional water bodies and their conservation practice in India including conservation practices by community and the systematic approach of water conservation mechanism adopted by ancient people of India. Process of recharge of watershed, recharge of traditional water bodies & structures used for recharging and revival for source sustainability explained.

Theme 4: Grey Water management: Reduce, Reuse, Recycle and Recharge for enhancing water use efficiency (Circular economy and net-zero concept), Nature based Solutions and Technologies for Grey Water Management





Trainings were organized on this theme in three state– Dadar & Nagar Haveli and Daman & Diu, Kerala and Goa; wherein total 157 mid-level engineers participated in this program. The objective of the training was to provide in depth knowledge and insight of the concepts, of management of greywater at village level, community level and Household level and understand the basic issues related to grey water management in context of Jal Jeevan Mission. Participants were oriented towards the understanding of the basics and issues related to grey water management in context of Jal Jeevan Mission, the need of grey water treatment, its criteria, use of technologies, the pollutant level in grey water, impact of use of undertreated water, planning and designing of treatment technologies available for grey water treatment and how to locate the treatment location at village/cluster level. Besides, they were described about community level grey water Management, net zero energy concept & circular economy, reuse of grey water and conducting Functionality Assessment of the scheme.

Theme 5: WASH Services during Disaster and Emergencies and Ensuring Climate Resilience System





Training programs on this theme were conducted in Madhya Pradesh (MP), Uttarakhand and Sikkim; wherein total 149 mid-level engineers participated. The major objective of the program was to draw the attention of Public Health Engineers towards planning the preparedness and mitigation measures regarding WASH services during disaster and emergencies and ensuring climate resilience system in their region. Participants were oriented about the type of disaster and its impact on water supply and sanitation during disaster & emergencies, built their capacity regarding formulation and implementation of assessment tools of disaster and its significance towards formulating the disaster management plan and shared an understanding about the scope of innovations and research regarding the WASH services based on the Technical or Engineering solutions during disaster & emergencies.

Summary of L2 Trainings of at a Glance

	Direct injection of treated rain water in aquifer recharge, revival of springs & Spring shed Management	Operation and Maintenance of water supply systems, Utility approach & tariff collection mechanism	Revival of Traditional Water Bodies for Source Sustainability	Grey water management: Reduce, Reuse, Recycle and Recharge for enhancing water use efficiency	WASH Services during Disaster and Emergencies and Ensuring Climate Resilience System	Total
A & N Island		51				**51**
Dadra Nagar Haveli & Daman Diu				52		**52**
Gujarat			54			**54**
Goa				53		**53**
Himachal Pradesh	37		37			**74**
Kerala			4	52		**56**
Lakshadweep		51				**51**
Madhya Pradesh					51	**51**
Maharashtra			2			**2**
Sikkim		50			55	**105**
Uttarakhand	34		21		43	**98**
West Bengal	51					**51**
Total	**122**	**152**	**118**	**157**	**149**	**698**

Nyay Panchayat level Trainings on JJM to PRIs & VWSCs/ ASHAs & AWWs in 3 districts of Uttarakhand



Under the aegis of JJM, KRC-HIHT organized one day Jal Jeevan Mission (JJM) trainings in collaboration with State Water and Sanitation Mission (Department of Drinking Water and Sanitation) Govt. of Uttarakhand at Nyay Panchayat level of three districts; Dehradun, Haridwar and Rudraprayag of the Uttarakhand State and completed the trainings for all its 109 Nyay Panchayat. Around 5492 functionaries including members of the Village Water Sanitation Committee (VWSC) and representatives of the Panchayati raj Institutions including block level Officials from Panchayati Raj and Block Office were oriented towards JJM program, its components and the need of realizing their important role and community participation through these training programs. The details of these training programs are being cited below;

Major objective of the training program was to inform and sensitize the participants towards their role and responsibilities about Jal Jeevan Mission Program and also to elaborating JJM Program objective, its components, major strategies and approaches, importance and implication of participatory planning and community participation and ownership, financial provision and application of institutional framework and broadly and practically to build their capacity on participatory planning, implementation and operation



and maintenance (O&M) for Har Ghar Jal. In presentation sessions they were briefed about Jal Jeevan Mission and role and responsibilities of Gram Panchayat and VWSC, establishment of Operation & Maintenance System and decentralized management and convergence of various schemes, public utility and oriented participants with relevant details including village level planning and explained various facts and details related to the water related topics. Again, they were given the practical and technical tips for handling the water issues through presentation on these issues. Very crucial issues related with water availability, sustainability as reuse and recharge of ground water, water conservation and security were delivered through session on long term Source Sustainability, Rain Water Harvesting Recharge and Grey Water Management was discussed with the participants. Participants were demonstrated the procedure of testing of water quality and performed the same practically in session on Field Testing Kit Practical, Sanitary Survey.

Finally doubts and queries of the participants were resolved by the panel of resource persons and training program was concluded with distribution of certificate to the participants.



Detail of NP Level Training Programs under Jal Jeevan Mission of L3									
S.N	**Distt.**	**Block**	**No of NPs**	**No of GPs**	**No of RVs**	**No of VWSC Members**	**No of PRI Members**	**No of ASHAs/ AWWs**	**Total Participants**
1	Dehradun	6	36	417	658	1048	370	325	1743
2	Haridwar	6	46	318	587	1101	588	587	2276
3	Rudraprayag	3	27	234	659	1093	261	119	1473
		15	**109**	**969**	**1904**	**3242**	**1219**	**1031**	**5492**

Partnerships & Collaborations

The Watsan Unit is committed to developing partnerships and alliances to promote integrated water resource management. Through these partnerships, it aims to address the issues of water scarcity, water availability, and water quality effectively. The unit also focuses on introducing innovative research and development in the Watsan sector to prepare for the future.

- **Tie up done with ICIMOD**

Continuing partnership with National Institute of Hydrology (NIH) Roorkee and IIT, Roorkee and Regional Centre for Urban and Environmental Studies (RCUES), Lucknow (UP) another tie up was done with ICIMOD, which is an international organization for research & scaling up solutions on spring-shed management and other nature-based solutions. The ICIMOD (International Centre for Integrated Mountain Development) is a regional intergovernmental learning and knowledge sharing centre serving the eight regional member countries of the Hindu Kush Himalayas (HKH) Afghanistan, Bangladesh, Bhutan, China, India, Myanmar, Nepal, and Pakistan. ICIMOD broadly works on research and developmental related to climate change, environmental risk and mitigation, mountain economy, biodiversity and people in the mountain region and promotes regional and global partnership for sustainable actions.

With developing this partnership, it is expected to leverage activities within the broader collaboration of spring-shed management in HKH on the following mutually identified activities:

a) Identify and conduct capacity-building activities with regional scope.
b) Collaborative research and pilots on spring sheds in the Indian Himalayan region.
c) Finding synergy for other areas of collaboration advancing HUC objectives.
d) Scope out opportunities for levering funds.

- **Collaborative Research Proposal with IIT Roorkee**

In collaboration with IIT Roorkee, two research proposals having innovative and sustainable approach for mountainous region was developed and submitted to Department of Science & Technology (DST) Ministry of Science and Technology, Government of India. The proposals are on

- Aquifer Rejuvenation through Direct Injection of Rainwater in the Hilly Regions and
- Disaster-Resilient Water Supply System and Filtration Product

RELIEF & REHABILITATION

The program for people with disabilities is an initiative to ensure that they have access to the resources and assistance they need to lead fulfilling lives. The program encompasses a wide range of services, including healthcare, education, employment support, and community integration. The program also aims to promote independence, dignity, and equal opportunities for people with disabilities by offering tailored support that addresses their unique needs and challenges. Through advocacy, counseling, skills development, and adaptive technologies, these programs empower individuals to overcome barriers and participate fully in society. By fostering inclusivity and understanding, disability support programs contribute to creating a more equitable and compassionate world where everyone has the opportunity to thrive.

This year, with the support of DMT/AHYMSIN, over 500 individuals with disabilities, including those with visual, speech, hearing, intellectual, multiple, psychosocial, and physical impairments, received direct support. This support included medical care, assistive devices, counseling, seed money for entrepreneurship, and assistance in obtaining disability certificates, pensions, and UDID cards. Every effort was made to enhance their physical, emotional, social, and intellectual well-being.



A learning disability clinic serves as a specialized hub dedicated to identifying, assessing, and supporting individuals with learning disabilities. These clinics offered a comprehensive range of services aimed at addressing the unique needs of each children, including diagnostic evaluations, educational assessments, and personalized intervention plans. Through a multidisciplinary approach involving psychologists, educators, speech therapists, and other professionals, learning disability clinics provided tailored support to more than 190 children help them overcome challenges related to reading, writing, math, and other academic skills.



Department of Empowerment of Persons with Disabilities, Government of India has introduced the provision of a Unique Disability ID (UDID) Card that allows them to keep a single document for their Identification and disability verification. 40 people with disabilities were facilitated for the registration process and getting the cards.



Screening of three persons with disabilities was done for corrective surgeries.

Wheel chairs and tri-cycles were provided to 11 persons.

97 Persons with disabilities were facilitate for the disability certificates.

Income generation initiatives

Under this initiative, Mr. Veer Singh was supported with training and sewin machines. Now he has opened his own tailoring shop in Rohaki village of Bahadrabad block of Haridwar.



A grocery shop was open for Mr. Bittu. Mr. Bittu lives in Bahadrabad in Haridwar district and was thrilled about opening his own shop.

In the village of Raiwala, a group of women with disabilities have come together to form an initiative where they prepare puja and craft items. This endeavor has proven to be a great source of support, enabling them to earn a livelihood. By pooling their skills and resources, these women have been able to create a sustainable source of income for themselves. This initiative not only supports the financial needs of these women but also empowers them to be self-reliant and confident.



9 special children were also supported with scholarships for their educational needs.



Emloyement initiatives: Registration with NCSC

We facilitated the registration process of 100 people with disabilities with the National Career Service Centre (NCSC). 57 of them were registered successful for all possible job opportunities. Field visits were made with the NCSC officials to provide information about available job opportunities and resources available with the Career Centre. Career fairs were also organized for walk in interviews which were cleared by 20 people with disabilities. 8 persons got selected for the reputed companies like Amazon, Bajaj Finance etc.



Capacity Building Programs

Training programs were organized on inclusive MHM for girls and women of the working areas. 50 participants attended these trainings and got sensitized of different aspects of menstrual hygiene management inlcuding the reproductive health.





Training of activities of daily living and understanding learning disability were also organied for care givers, teachers and the staff as well. 105 participants were sensitized in different batches.

Issues, Challenges

Working with Persons with Disabilities (PWDs) is rewarding yet challenging. Issues & Challenges include attitudinal barriers, lengthy rehabilitation, and misconceptions about PWDs' socioeconomic backgrounds. Addressing these misconceptions is crucial for equal access to support. Job opportunities are limited due to education and skill constraints, and PWDs may resist relocating for work.

Key Learnings

Rehabilitation takes time, skill training and seed money aid income generation, local job options are beneficial, and social service schemes are advantageous

Milestones Moments

Dhanpati



"How it can be my fault if I was born humped, and how anybody can decide that I cannot deal with the responsibilities as an angan Badi worker. I am a graduate and dealing with all other household chores and related work. Give me a chance first then decide. I will regard any decision by the interviewer body I am graduate and dealing with all other household chores and related work".

Dhanpati, a disabled woman from Khadari village, Dehradun, faced discrimination due to her orthopedic disability. Despite being a graduate, she encountered negativity during job interviews and social events because of her appearance. She challenged this prejudice, asserting her ability to handle responsibilities as an Anganwadi worker. Despite initial resistance, she was selected for the role. Now, she successfully serves her community as an Anganwadi worker and contributes to her family's income. This story highlights the importance of overcoming societal attitudes towards disability for inclusive development.

Paridhi

I'm Reena. My younger daughter, Paridhi, has hearing and speech issues discovered at 18 months. She was restless and caused trouble at home. We couldn't afford her treatment initially. We faced difficulties with schools due to her behavior. We tried different schools and therapies but faced setbacks due to family emergencies. Eventually, the Rural Development Institute stepped in, connecting us with medical help and educational support. Paridhi showed improvement and gained admission to a mainstream school with their assistance. Now, she's thriving academically and socially, and our family is grateful for the transformation.

Lokesh

My name is Lokesh Kumar, I am a resident of Bongla Bahadarabad. I am a disabled person. My life was going through a lot of difficulties. Due to my disability, I could not even support my family. I am a farmer and used to drive a tractor in the fields. In January 2021, I had an accident and I got injured. I got a head injury in the accident and became disabled. I got myself treated a lot but it was of no use. I spent all the money I had on my treatment. Now I did not even have money to eat. But God did not leave me and introduced me to the people of RDI. I got the support of a cow to get employment from which I bought a cow and today I can sell at least 20 liters of milk and raise my children. I sell 20 liters of milk every day and my income is ₹ 800 per day. (24000 per month)

Har Dayal Singh

I'm Har Dayal Singh, aged 50, from Salempur. Despite an accident that left me unable to walk for 2 years, I persevered. Financial struggles mounted, but with the help of Gramya Vikas Sansthan, I obtained a handicapped certificate and started receiving a pension. With further assistance, I established a successful grocery shop, ensuring a stable income for my family. Grateful for the support and newfound hope, I thank Gramya Vikas Sansthan for transforming our lives.

Covid fund support to Pramod Pal's family

Mr. Kern Kumar from the US is providing vital support to the family of Mr. Pramod Pal, a dedicated helper in the Motor Transport Department at SRHU, who tragically lost his life to COVID-19. Left without a source of income, the family, consisting of three members, solely relied on aid. Mrs. Sunita, Mr. Pal's wife, is unemployed, while their elder daughter is pursuing her 12th-grade education with the assistance of RDI's scholarship program. Additionally, their younger daughter requires ongoing medical care due to her mental health condition. Mr. Kumar's support encompasses essential provisions such as food, water, electricity expenses, medical treatment, and other necessities, alleviating the family's burden during this challenging time.

Disaster & Relief Support

The villages of Anneki, Teera Tanda, Harnol, and Ahmadpur in Bahdrabad block, Haridwar district, bore the brunt of relentless rainfall, resulting in significant property damage. To aid the most affected families, one-time support was extended, including the provision of tarpaulins, folding beds, and food kits. Additionally, health camps were conducted in these villages to address the immediate medical needs of the affected residents.



OTHER DEVELOPMENT PROGRAMS

Panchayat Raj Trainings



The Sustainable Development Goals (SDGs) are a set of 17 global objectives established by the United Nations in 2015 to tackle social, economic, and environmental issues worldwide. Localizing these goals at the grassroots level is vital for their effective implementation. In India, Panchayats, local self-governing bodies, can play a crucial role in this process, embedding the global goals into their context.

In Yamkeshwar block of Pauri district, RDI, in collaboration with the Department of Panchayati Raj, Uttarakhand, conducted training programs for Village and Block Panchayat members on SDGs localization and Gram Panchayat Development Plans (GPDPs). Nine batches of training, involving 460 panchayat members, ASHAs, anganwadi workers and officials of line departments, covered topics such as poverty eradication, health, gender equality, environmental sustainability, and infrastructure development.



However, the training faced numerous challenges. The diverse demographics of participants, language barriers, and logistical hurdles like difficult terrain and limited transportation hindered effective communication and participation.



Despite these obstacles, efforts to sensitize local government members are crucial. To enhance the effectiveness of such programs, a reevaluation is necessary. This includes ensuring adequate resources, qualified trainers, and addressing logistical concerns such as travel expenses and accommodation for participants. Despite the difficulties, acknowledgment goes to the training teams and participants for their dedication and enthusiasm.

Advocacy, Awareness, Research & Media

The organization tackles critical social issues head-on by educating the public and fostering a movement for positive change. Informative campaigns, seminars, workshops, educational materials, and community events equip individuals with a deeper understanding of issues. By sharing the stories of those directly impacted, the events build empathy and bridge the gap between stakeholders and the realities on the ground.

International Women's Day (8th March)
(Empowering Women: Celebrating Progress and Addressing Challenges)



The theme for this year's International Women's Day, celebrated annually on March 8th, was "Invest in Women to Accelerate Progress." This day serves to highlight women-specific issues and mobilize communities to address them. Despite ongoing initiatives, gender discrimination persists in various sectors, hindering women's empowerment and development.



RDI-HIHT organized a series of events and campaigns under the theme "Invest in Women: Accelerate Progress." Participants from diverse backgrounds came together to celebrate women's achievements, raise awareness about gender inequalities, and advocate for positive change. Women leaders from various industries shared their inspiring stories, emphasizing the need to combat gender discrimination within families, workplaces, and institutions. They also provided insights into women's legal rights and responsibilities. Events took place in Kalsi block of Dehradun district and Bahadrabad block of Haridwar district, attracting grassroots workers such as ASHAs, Anganwadi workers, ANMs, teachers, and panchayat members who shared their experiences and stories. Additionally, women excelling in their respective fields were recognized and honored, and health camps for women were organized as part of the celebrations..

Menstrual Hygiene Management Day : State MHM Summit 2023



In a significant move towards advancing menstrual hygiene and dispelling taboos, the School Menstrual Hygiene Management Summit convened on May 28, 2023. Organized by the Rural Development Institute-Himalayan Institute Hospital Trust in collaboration with the Azim Premji Foundation and the Uttarakhand State Education Department, the summit united

educators, policymakers, health professionals, and students to tackle menstrual hygiene challenges in schools.



Dr. Vijendra Chauhan, Vice Chancellor of SRHU, highlighted the prevalence of misconceptions surrounding menstruation and the crucial role of educators in addressing them, advocating for ongoing menstrual hygiene programs in rural schools.

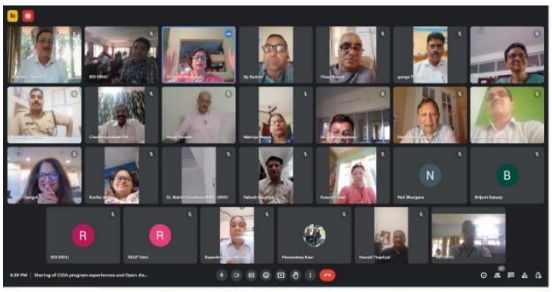
Dr. Geeta Khanna, Chairman of the Uttarakhand Child Right Protection Commission, commended NGO efforts in menstrual health and hygiene and stressed collaboration with the government to scale up such initiatives.

National Nutrition Week (1-7 September)



National Nutrition Week (NNW), observed annually in India from September 1 to 7, aims to promote awareness about nutrition and healthy eating habits. This year's theme, "Making Healthy Diets Affordable for All," emphasizes the importance of accessible and affordable nutritious food. Introducing millets into diets can be a cost-effective strategy to combat malnutrition, given their high nutritional value and health benefits. RDI conducted public education campaigns in selected villages of Haridwar and Dehradun districts, reaching around 950 pregnant and lactating women and over 5,000 community members through workshops and meetings. Under the Wipro Care Program, millet laddoos prepared by local self-help groups were distributed to pregnant and lactating women during Village Health, Sanitation, and Nutrition Days (VHSNDs). Initial feedback indicates positive reception, with increased participation in VHSNDs among pregnant and lactating women.

RDI Foundation Day



The Institute annually celebrates its Foundation Day on 20th – 21st September. This year's event took a unique approach, focusing on learning from past programs through online sessions with former staff members. With a rich history of over 33 years and the implementation of over 100 projects in various sectors, RDI has positively impacted millions of lives. The online event saw the participation of over 100 senior executives, employees, and supporters who shared their valuable experiences and insights.



Director RDI Ms. B. Maithili emphasized the importance of their contributions to RDI's development journey. Dr. Aruna Bhargava, the first director of RDI, shared her challenges in setting up the institution and highlighted community involvement and acceptance. Other sessions included discussions on the current state of health in Uttarakhand and insights into educational initiatives supported by Mr. Bhagwan Daryanani. The event also featured role-plays addressing women's issues and challenges, showcasing the impact of RDI's work. Overall, the Foundation Day celebration served as a platform to reminisce, learn, and inspire, with staff members reflecting on their personal and professional growth alongside the organization's journey.

International Disability Day (3rd December)



On the 3rd of December of this year, RDI marked International People with Disabilities Day with the participation of people with disabilities, a group of medical experts, and staff members. The Director General Academics, Swami Rama Himalayan University and Secretary of Himalayan Institute Hospital Trust, Dr. Vijendra Chauhan stressed that organizations must make the day a people's movement and involve everyone to ensure their contribution to the cause. He also said that people with disabilities have many talents that can make their future better and more sustainable, rather than focusing on one weakness.

On the occasion, people with disability were given tricycles and sewing machines. The children were given scholarship for education. Few people with disabilities were given seed money for starting their own small scale business. Community supporters and volunteers were also recognized and awarded during the event.

National Youth Day (12 January)



On January 12, 2024, National Youth Day was celebrated with immense enthusiasm to commemorate the birthday of Swami Vivekananda. The event featured engaging sessions where distinguished speakers imparted insights into Swami Vivekananda's life and teachings, enriching the participants' understanding of his legacy. Additionally, scholars had the opportunity to explore and appreciate nature during an excursion to Lachhiwala Nature's Park, fostering holistic development and an appreciation for environmental conservation among the youth.

Autism and World Health Day



On the occasion of Autism and World Health Day, Himalayan Hospital Jollygrant and Rural Development Institute (RDI) launched an awareness campaign. A painting competition for children suffering from Autism was organized at the hospital. Meanwhile, more than 70 ASHA and Anganwadi workers were informed about the symptoms, prevention, and treatment of Autism by the doctors of the hospital in Bahadarabad Haridwar. Addressing the awareness program on the occasion of Autism Day, Dr. Hem Chandra Joshi, Director of Health Services at Himalayan Hospital Jollygrant, stated that this year's theme for Autism awareness is "Empowering Autistic Individuals", aiming to provide more support and empowerment to children with this condition.

Research Studies

- Determinants of Menstrual Hygiene among Adolescent School Girls in Uttarakhand. International Journal of Reserch and Analytical Review (IJRAR), February 2024, Volume11, Issue 1, E-ISSN:2348-1269, P-ISSN:2349-5138, Rajeev Prasad Bijalwan, Neha Sharma, Neelam Pandey, Payal Bhatt

Media

The videography unit successfully covered 43 programs organized by the university. These programs included guest lectures, talks, NMC visits, examinations, seminars, workshops, foundation day and other programs. Additionally, the team recorded and edited 109 faculty lectures throughout the year. They also supported the photography unit whenever necessary.

Moreover, the team produced 27 documentaries on various topics, including maternal and child health, autism, menstrual hygiene, breast cancer awareness, holistic health, education, and ADL.

Media Coverage

छोटीबड़ीबात

दैनिक भास्कर

हिमालयन अस्पताल की ओर से ग्रामसभा तोली दुधारखाल पौड़ी गढ़वाल में लगाया निशुल्क स्वास्थ्य शिविर

102 रोगियों को दिया गया निशुल्क स्वास्थ परामर्श

शिविर में आई महिलाओं की हेल्थ स्क्रीनिंग

शिशुओं एवं बितरण के साथ जांच की गई

अमर उजाला

एचआईएचटी में दिव्यांगजन सम्मानित, आर्थिक मदद दी

संवाद न्यूज एजेंसी

जौलीग्रांट। अंतरराष्ट्रीय दिव्यांग दिवस पर हिमालयन इंस्टीट्यूट हॉस्पिटल ट्रस्ट में विभिन्न कार्यक्रम आयोजित हुए। जिसमें ग्राम्य विकास संस्थान में 25 से अधिक दिव्यांगों को सम्मानित किया गया।

एचआईएचटी की अध्यक्षीय समिति के सदस्य एवं एसआरएचयू के कुलाधिपति डॉ. विजय धस्माना ने कहा कि दिव्यांगजनों के सशक्तिकरण की दिशा में हमारी कोशिश निरंतर जारी है। दिव्यांगजनों को समाज की मुख्यधारा में लाने के साथ उन्हें सशक्त बनाने का कार्य सभी को सामूहिक रूप से करना होगा। डॉ. विजेंद्र चौहान ने कहा कि दिव्यांग दिवस का उद्देश्य दिव्यांग व्यक्तियों के लिए समानता का वातावरण निर्मित करने के साथ ही तरक्की और विकास के समान अवसर उपलब्ध कराना है। कार्यक्रम में 50 दिव्यांगजनों ने प्रतिभाग किया।

जिसमें डॉ. विजेंद्र चौहान ने 25 से अधिक दिव्यांगजनों को प्रमाणपत्र सहित स्वरोजगार के लिए सिलाई मशीन, परचून की दुकान के लिए सामग्री, सब्जी ठेली, गोपालन की सामग्री सहित स्कलिरशिप प्रदान की। इस मौके पर डॉ. बीपी कालरा, डॉ. प्रिय रंजन अविनाश, डॉ. अश्वनी भट्ट, उपनिदेशक डॉ. राजीव बिजल्वाण, नीलम पांडे, डॉ. वीडी सेमवाल, रविंद्र वर्मा, डॉ. नैसी, विकेश सेमवाल, डीपी उनियाल, दिग्विजय बिष्ट आदि मौजूद रहे।

अमर उजाला

77 टीबी रोगियों को दी पोषाहार किट

एसआरएचयू ने टीबी मुक्त भारत के तहत 600 रोगियों को लिया गोद

संवाद न्यूज एजेंसी

जौलीग्रांट। स्वामीराम हिमालयन विवि (एसआरएचयू) की ओर से हरिद्वार बहादराबाद के सीएचसी में 77 टीबी के मरीजों को पोषाहार किट वितरित किया गया।कुलाधिपति डॉ. विजय धस्माना ने कहा कि एसआरएचयू जौलीग्रांट ने भारत सरकार की ओर से संचालित प्रधानमंत्री टीबी मुक्त भारत अभियान के तहत 600 टीबी रोगियों को गोद लिया है।

संस्थान की ओर से रोगियों को प्रत्येक माह पोषाहार किट देने के साथ जांच एवं उपचार में सहयोग किया जा रहा है। भविष्य में संस्थान ने 1000 टीबी रोगियों को गोद लेने का लक्ष्य रखा है। किट वितरण में कम्यूनिटी मेडिसिन विभाग, ग्राम्य विकास संस्थान और हिमालयन हॉस्पिटल के छाती एवं श्वास रोग विभाग मौजूद रही। कम्यूनिटी मेडिसन विभाग से डॉ. अनिल बिष्ट, डॉ. शिवम, डॉ. अफजाल एवं डॉ. योगेश ने मरीजों की जांच की। संचालन नीलम पांडेय ने किया। इस दौरान आस सेवा संस्थान की हेमलता बहन, अलिशा, सुगन्धा, पवनदीप कौर, अनिल नेगी, सुधीर, पारूल, सविता, टीना, हिमांशु रहे।

टीबी के मरीजों को पोषाहार किट दी गई। फोटो : जौलीग्रांट अस्पताल

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राष्ट्रीय हिंदी दैनिक

लोकसत्य

सत्य के संग, असत्य से जंग

मंगलवार, 22 अगस्त, 2023

मदद

एसआरएचयू जॉलीग्रांट ने 77 टीबी रोगियों को वितरित की पोषाहार किट

टीबी मुक्त भारत अभियान के तहत तीन सौ रोगियों को लिया गोद



तीन सौ टीबी रोगियों को एसआरएचयू ने लिया गोद

संवाद सहयोगी, डोईवाला : स्वामी राम हिमालयन विश्वविद्यालय ने भारत सरकार की ओर से संचालित प्रधानमंत्री टीबी मुक्त भारत अभियान के तहत तीन सौ रोगियों को गोद लिया है। जिन्हें पोषाहार सहित उपचार एवं जांच में सहयोग किया जाएगा।

शनिवार को अभियान को शुरू करते हुए कुलाधिपति डा. विजय धस्माना ने कहा कि संस्थान ने एक हजार टीबी रोगियों को गोद लेने का लक्ष्य रखा है। जिसमें अभी तीन सौ टीबी रोगियों को एक वर्ष तक प्रत्येक माह हाई प्रोटीन न्यूट्रीशन किट दी जाएगी। साथ ही इन रोगियों की उपचार एवं जांच में सहयोग भी किया जाएगा। ग्राम्य विकास संस्थान, कम्युनिटी मेडिसिन विभाग एवं श्वसन एवं छाती रोग विभाग संयुक्त रूप से इस कार्यक्रम का संचालन करेंगे। इस कार्यक्रम का संचालन विश्वविद्यालय आस संस्था के साथ मिलकर पूरे वर्ष टीबी रोगियों की स्वास्थ्य देखभाल के लिए करेगा। स्वथ ही उन्होंने बताया कि किस तरह नि-क्षय मित्र योजना के अंतर्गत आम आदमी टीबी मुक्त भारत में अपना योगदान दे सकता है। कुलपति डा विजेंद्र चौहान ने एसआरएचयू तीन सौ टीबी रोगियों को एक वर्ष तक प्रत्येक माह हाई प्रोटीन न्यूट्रीशन किट देगा साथ ही उपचार में भी सहयोग करेगा

कहा कि टीबी मुक्त भारत केवल अस्पताल अकेले नहीं कर सकते है। इसके लिए सामाजिक संस्थानों, व्यक्तियों और विशेषज्ञों को आगे आकर योगदान देना होगा। उन्होंने कहा कि बिना पोषण के दवाओं से भारत को हम टीबी मुक्त नहीं कर सकते है। उपजिला मजिस्ट्रेसाधिकारी डा चंदन सिंह रावत ने अपेक्षित सहयोग देने की बात कही। ग्राम्य विकास विभाग के उपनिदेशक डा राजीव बिजल्वाण ने बताया कि अभियान के तहत डोईवाला से 50, ऋषिकेश से 150 व बहादराबाद के 100 टीबी रोगियों को प्रथम चरण में पोषाहार सहित उपचार एवं जांच की सुविधा उपलब्ध कराई जाएगी। इससे पूर्व कार्यक्रम में कुलाधिपति डा विजय धस्माना ने टीबी रोगियों को हाई प्रोटीन युक्त न्यूट्रीशन किट का वितरण किया। इस अवसर पर डा. जयंती सेमवाल, डा. राखी खण्डूरी, आस संस्था की लक्ष्मी व हेमलता बहन ने कार्यक्रम के अन्य पहलुओं पर प्रकाश डाला।

हिन्दुस्तान

भरोसा नए हिन्दुस्तान का

आयोजन | व्हीलचेयर, सिलाई मशीन और सहयोगी उपकरण बांटे, धस्माना बोले- दिव्यांगों के सशक्तिकरण का निरंतर प्रयास होगा

एचआईएचटी में दिव्यांगजनों को किया सम्मानित



एचआईएचटी जौलीग्रांट में सीबीआर को दिव्यांगजनों को सम्मानित किया गया।

We extend our heartfelt gratitude to our donors and supporters whose generous contributions are instrumental in providing vital resources and support to individuals and families facing challenges in accessing essential services such as health care, education, livelihood opportunities, water and sanitation facilities, as well as relief and rehabilitation services.

- Associacion Cultural Para el Estudio Del Yoga
- Pooja Kajal Foundation
- AHYMSIN-DMT
- Wipro Cares
- NewSpace India Limited Bengaluru (NSIL)
- Department of Panchayai Raj, Uttarakhand
- Caring Hand for Children
- Ministry of Jal Shakti, GoI
- Uttarakahand Jal Sansthan
- State Water & Sanitation Mission (SWSM) Dehradun
- Ms. Ana Varela
- Mr. Kern Ahlawat
- Ms. Usha Bhatnagar
- Ms. Suman Anand

VISITORS @ RDI



So impressive to see such integrated & contemporary approaches reaching the community

Professor Susan Niemeyer, Unicef

Amazing works and innovations. I am so inspired. Will like come again to learn more and collaborate if possible.



Sanjeev Bhuchar Senior Watershed Management Specialist, ICIMOD Nepal



4823 Excellent example of community work. Documentation and dissemination of integrated community health and development work could be further improved. Transfer of local know how & technology to other parts of country is an important potential from this institute.

Dr. Rajesh Mehta, Former Regional Advisor, WHO, South East Asia Region

Rural Development Institute

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