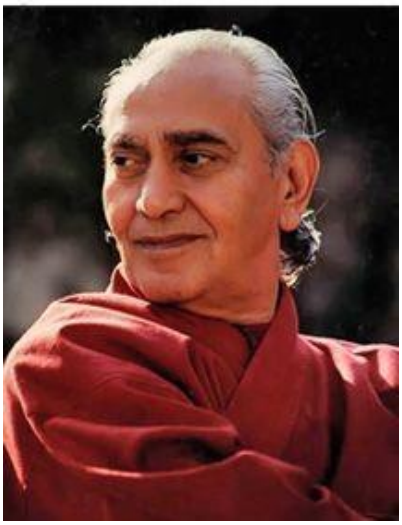
# Rural Development Institute



# Annual Report
## (1 April 2025 – 31 March 2026)

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# ABBREVIATIONS

| | |
|---|---|
| ADL | Activities for Daily Living |
| ANM | Auxiliary Nursing Midwife |
| ASHA | Accredited Social Health Activist |
| BMI | Body Mass Index |
| CPR | Cardiopulmonary Resuscitation |
| CSR | Corporate Social Responsibility |
| HRP | High-Risk Pregnancy |
| IEC | Information Education Communication |
| ICIMOD | International Centre for Integrated Mountain Development |
| MCH | Maternal Child Health |
| NBSU | New Born Stabilization Unit |
| NCSC | National Career Service Centre |
| NKRC | National Key Resource Centre |
| NMR | Neo-natal mortality rate |
| SDGs | Sustainable Development Goals |
| SHG | Self-Help Group |
| SLWM | Solid and Liquid Waste Management |
| SNCU | Sick Newborn Care Unit |
| STP | Sewage Treatment Plant |
| UDID | Unique Disability ID |
| UWSC | User Water Sanitation Committees |

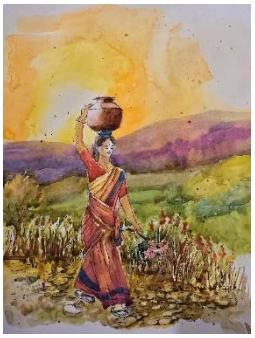
# ORGANIZATIONAL HIGHLIGHTS 2025-26

During the reporting period, the Institute sustained momentum across thematic domains, reinforcing its integrated development approach. Strategic partnerships were strengthened both within the Swami Rama Himalayan University ecosystem and with external agencies, enabling convergence-driven outcomes. A continued emphasis on last-mile service delivery, empowerment of grassroots functionaries, and a "local-to-global" approach remained central. Notably, the Water Program expanded its global engagement through collaboration with International Centre for Integrated Mountain Development. At the state level, a new partnership with the Environment and Forestry Department was initiated across five sites in Uttarakhand. Additionally, the Institute was entrusted with the "One District One River" initiative for the Pathri River, undertaking baseline assessments for a long-term river rejuvenation program.

Institutional efforts to diversify partnerships yielded progress, particularly with foundations and CSR entities. A key collaboration was established to strengthen the competencies of Auxiliary Nurse Midwives (ANMs) in maternal and child health, aimed at improving service quality and health outcomes at the community level.

The Institute also hosted a diverse group of visitors, including academicians, policymakers, and representatives from civil society organizations, both nationally and internationally (including Canada and Spain), fostering knowledge exchange and visibility. Internally, systems strengthening was prioritized through the introduction of an electronic performance review mechanism, enhancing efficiency and transparency. Capacity building remained a key focus, with staff participating in multiple professional development initiatives, including representation in the Women Lift Health 2025 India Leadership Journey.

Core program areas—community healthcare, education for underserved children, youth skill development, and interventions in water and environmental sustainability—continued to anchor the Institute's work, reflecting its commitment to inclusive and sustainable rural development.



*"In ancient India, each woman in every village would go to the well in the evening to fetch water and to talk, gossip, or sing. Then, as she came back to the village, she would balance her vessel of water on her head. She would carry the vessel on her head, with her arms at her side; she would never use her hands to hold the vessel steady. This requires tremendous concentration and control; even a great yogi may not be able to do such a thing. She might dance, even weep, and discuss various things with the other women, but that vessel would never fall. This is actually meditation in action."*

*Swami Rama*

# HEALTH

During the year, the organization optimized healthcare delivery across Uttarakhand's Dehradun, Haridwar, Pauri Garhwal, and Tehri districts. A strategic focus was placed on high-priority zones, including Haridwar district—a designated Aspirational District facing critical developmental gaps—and the Kalsi block of Dehradun, a remote tribal block in the rugged hilly terrain. Aligning with SDG 3, RDI transitioned care into resilient, structured public health systems designed to bridge these geographic and socioeconomic inequities for long-term, scalable social impact.

Adopting a lifecycle approach, RDI delivered localized primary and preventive care across these vulnerable mountainous regions and industrial zones. Maternal interventions supported rural women via medical camps and home visits, while specialized camps provided midlife care to menopausal women. Youth development initiatives screened primary students and empowered adolescents with Menstrual Hygiene Management (MHM) and mental resilience education.

To ensure long-term sustainability, RDI integrated advanced tech-enabled platforms and workforce training. The Televital telemedicine platform brought expert consultations directly to remote patients in challenging terrains, while the digital ECHO model upskilled ASHAs, and the ASHA Certificate Course certified rural youth to anchor lasting community self-reliance.

### Geographical Context and Strategic Priorities Areas

- **Haridwar (Bahadrabad Block)**

As a NITI Aayog "Aspirational District" in the southern plains, RDI prioritized intensive interventions to bridge critical gaps in maternal nutrition, health literacy, and infant care infrastructure.

- **Dehradun (Kalsi Block)**

This rugged, mountainous, and designated tribal block features scattered settlements and physically demanding lifestyles. Decentralized clinics and mobile camps were deployed to overcome historically limited healthcare access.

- **Tehri Garhwal (Chamba Block) & Pauri Garhwal (Yamkeshwar Block):**

Characterized by steeply terraced mid-Himalayan ridges and far-flung villages, these blocks face severe transport and weather barriers. Interventions focused on mobile outreach, midlife wellness.

### Key Impact & Annual Reach

**1. Women & Child Health**

- *1,715 women served for ANC/PNC via 57 camps and 952 home visits.*
- *294 high-risk pregnancies supported with nutrition kits*
- *233 women provided menopausal medical care and yoga*
- *100 ASHAs upskilled through virtual MCH modules*

**2. School & Adolescent Health**

- *1,917 primary students screened across 26 schools*
- *2,500+ adolescents reached with MHM and mental health care*
- *125 teachers trained in MHM across 12 districts*
- *109 peer educators trained on RKSK health guidelines*

**3. Primary Health**

- *2,388 patients treated through telemedicine*
- *1,326 tribal individuals served through 21 general camps*
- *940 TB patients screened with 2,341 nutrition kits distributed*
- 221 first responders certified in CPR and basic life support

**4. Holistic Health**

- *850+ participants oriented in holistic health and yoga*

The following sections of the report provide a comprehensive look into the specific intervention strategies and localized outcomes across each health domain.

## Women and Child Health

The promotion of women's and children's health continues to remain a central pillar of the organization's work. Over the years, sustained efforts have focused on extending essential maternal and child health services to remote and underserved mountainous regions, where access to quality healthcare remains limited. Through a combination of outreach, preventive care, and community engagement, the programme has contributed to strengthening local health systems and improving health-seeking behaviour, thereby positively influencing maternal and child health indicators across the intervention areas.

### Maternal and Child Health Camps




Maternal health camps were conducted twice weekly in rural villages to improve access to antenatal and postnatal healthcare services. A multidisciplinary team provided comprehensive care, including health check-ups, haemoglobin testing, blood pressure and sugar monitoring, fetal assessment, nutrition counselling, and distribution of iron-folic acid and calcium supplements. Special focus was given to early pregnancy registration and identification of high-risk cases. Through 57 camps, a total of 1,715 pregnant and lactating women benefited from these services.

### Follow-up of High-Risk pregnancies and community mobilization



Home-based follow-up visits ensured continuity of maternal and newborn care, covering 952 pregnant and lactating women through counselling, monitoring, and family engagement on nutrition, institutional delivery, breastfeeding, and family planning. Focused support was provided to 294 high-risk pregnant women through diagnostic, referral, transportation, and nutritional assistance, including distribution of nutrition kits for severely anaemic mothers.

Monthly VHSNDs strengthened community-level health and nutrition services, reaching 1,111 women. Community mobilization activities with SHGs, parents, and youth improved awareness and service uptake. Breastfeeding Week celebrations in four villages engaged 167 participants, including 147 antenatal and postnatal women.

### Training for Frontline Health Workers




Capacity-building programs for ANMs and ASHA Facilitators strengthened frontline maternal and newborn healthcare delivery. Conducted at the Simulation Skill Lab, Himalayan Hospital, the training engaged participants from Doiwala and Kalsi blocks. Sessions combined practical demonstrations with technical guidance on ANC, PNC, high-risk pregnancy management, breastfeeding, HBNC, and newborn care.

**Menopause Camps for rural women**



Recognizing menopause as an often-neglected health concern in remote Himalayan communities, the organization continued its menopause outreach initiative across villages in Yamkeshwar and Chamba blocks. Through eight specialized camps, 233 women received counselling, medical consultations, and awareness support on premenopausal, menopausal, and postmenopausal health issues. The camps created safe spaces for open dialogue on physical and emotional well-being while promoting holistic care practices. Yoga-based wellness sessions were integrated to support stress management, flexibility, and emotional balance, enabling women to adopt healthier lifestyles and improve their quality of life during midlife and beyond.

**Virtual Immersion Program on Maternal and Child Health (MCH): Capacity Building of ASHA Workers through ECHO Model**



The Virtual Immersion Program on Maternal and Child Health, implemented in collaboration with NHM and Project ECHO India, strengthened the capacities of 100 ASHA workers from Bahadarabad block through a six-month technology-enabled training model. Based on the hub-and-spoke approach, the programme included 12 core virtual sessions combining didactic learning and case-based discussions. Key training areas covered maternal health, child health and nutrition, IMCI-based management of childhood illnesses, gender and health, gender-based violence, and mental health. Participation averaged 40–45 ASHAs per session, with post-assessment scores showing a 9–10% improvement, demonstrating the effectiveness of the digital learning initiative in strengthening frontline healthcare services.

## School and Adolescent Health



The School Health Program focuses on children enrolled in primary schools, with the objective of strengthening their health, hygiene, and overall well-being through a comprehensive mix of preventive, promotive, and curative interventions. By integrating Child Health Camps with Water, Sanitation, and Hygiene activities, the program seeks to enhance health literacy, encourage positive health-seeking behaviours, enable early identification and management of health concerns, and foster safer, healthier school environments. Implemented across government primary schools in Bahadrabad block of Haridwar district and surrounding communities, the initiative emphasized holistic child development by addressing both immediate health needs and long-term behavioural change.

## School Health Camps

**Outreach and Coverage**
- 26 Schools
- 43 School health camps
- 1917 School children

The School Health Camps served as a critical platform for delivering preventive and basic healthcare services within schools. Services included general health assessments, nutritional screening, anthropometric measurements, early detection of anaemia, undernutrition, and malnutrition, along with basic treatment and counselling. Children identified with severe health concerns were referred for advanced medical care, with follow-up mechanisms in place to ensure continuity of treatment. Educational sessions on nutrition, personal hygiene, mental well-being, and regular health monitoring complemented clinical services, helping children build lifelong healthy habits.

## Health and Hygiene Promotion in Schools



Health and hygiene activities were conducted in schools across multiple villages, promoting practical learning on handwashing, oral hygiene, safe water use, and sanitation practices. Interactive methods such as games, posters, and discussions encouraged active student participation and behavioural change. The School Health Program strengthened preventive healthcare awareness, improved hygiene practices, and supported early identification of health concerns, contributing to healthier school environments and stronger foundations for long-term child development.



Adolescent Health program promotes holistic adolescent development through health education, counselling, life skills, and community-based interventions. Aligned with Rashtriya Kishore Swasthy Karyakram, it addresses nutrition, menstrual hygiene, ARSH, mental health, substance misuse, and gender sensitivity. By creating safe and adolescent-friendly spaces, the initiative empowers young people with knowledge, confidence, emotional resilience, and healthy decision-making skills.

## Peer Educators



Peer educators are a central pillar of adolescent health program, recognizing the critical role adolescents themselves can play in influencing positive behavioural change within their peer groups and communities. Under the initiative, 109 peer educators were trained as Peer Educators on the core components of Rashtriya Kishor Swasthya Karyakram (RKSK), including nutrition, menstrual hygiene management, mental health, sexual and reproductive health, substance misuse prevention, and prevention of violence and injuries. The training sessions were designed to build knowledge, communication skills, leadership abilities, and confidence among

participants, enabling them to effectively identify adolescent concerns, facilitate open discussions, and guide peers toward informed and healthy choices. These peer educators now serve as youth ambassadors and change agents, helping bridge communication gaps between adolescents, schools, families, and health systems.

2500 Adolescents were covered in Bahadrabad block through integrated school and community based interventions.

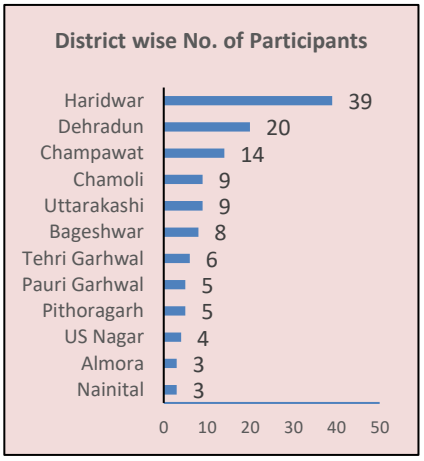
**Capacity Building of Teachers**




Recognizing teachers as key influencers in adolescent development, the programme also prioritized strengthening the capacity of school educators to support student health and well-being. A one-day teacher training program was organized at BRC Bongla, engaging 22 teachers in focused sessions on adolescent mental health, common diseases, preventive healthcare, and school health promotion. The training equipped teachers with practical knowledge to identify early signs of physical or emotional distress among students, respond sensitively to adolescent challenges, and promote healthier habits within school settings.

**Menstrual Hygiene Management Program through ECHO Platform**

***Orientation for Teachers of Kasturba Gandhi Balika Vidyalayas of Uttarakhand***




RDI expanded the outreach its School Menstrual Hygiene Management (MHM) Program to residential schools for girls with the support of Samagra Shiksha Uttarakhand. A comprehensive MHM training program was organized for teachers of Kasturba Gandhi Balika Vidyalayas (KGBVs) in partnership with ECHO India. This online platform enabled interactive learning, expert facilitation, and active participation of teachers from diverse geographical regions across the state. During the training, particular emphasis was placed on building teachers' capacities to provide informed guidance, psychosocial support, and timely counselling and referral services to adolescent girls studying in residential school settings, where teachers often play the dual role of caregivers and mentors. 125 teachers from KGBVs across 12 districts of Uttarakhand were trained in 4 batches.



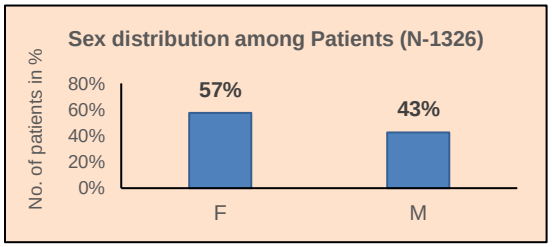
In addition to online trainings, offline training were conducted across various Kasturba Gandhi Balika Vidyalayas in Haridwar and Dehradun districts. The sessions were interactive, age-appropriate, and designed to encourage active participation, ensuring better understanding and engagement among adolescent girls.

# Primary Health

## General Health Camps



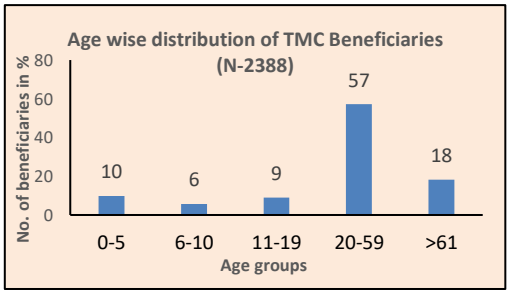
General Health Camps implemented in the Nagthat area of Kalsi Block, Dehradun, served as a crucial community-based healthcare strategy for improving access to essential medical services among remote tribal populations. A total of 21 health camps were organized, benefiting 1,326 individuals across diverse age groups. These camps significantly contributed to preventive healthcare, early disease detection, and timely treatment by providing growth monitoring, blood pressure screening, blood sugar and hemoglobin testing, antenatal and postnatal support, distribution of Iron Folic Acid (IFA) and calcium supplements, and free medicines for diagnosed conditions. The broad participation across communities highlights the increasing trust and reliance on decentralized healthcare services in underserved hilly regions.



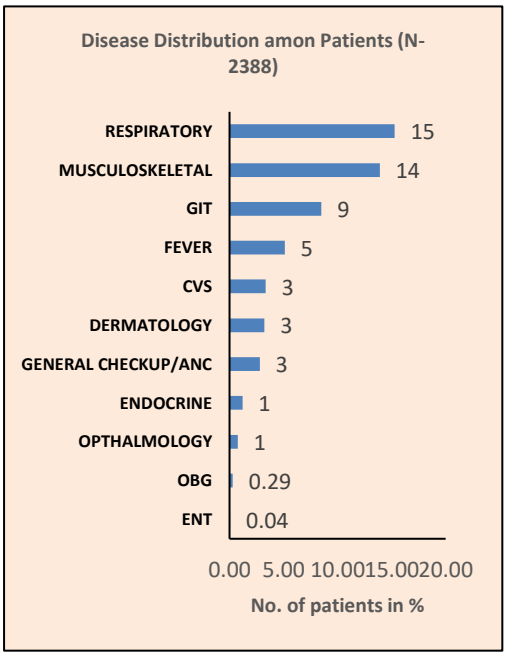

Disease-wise analysis highlighted a significant burden of musculoskeletal disorders, accounting for 38% of cases, largely linked to physically demanding livelihoods in tribal and rural communities. Respiratory illnesses constituted 21%, reflecting the impact of cold weather, indoor smoke exposure, and seasonal infections. Gastrointestinal disorders and fever-related illnesses each accounted for 9%, indicating concerns related to sanitation, hygiene, and water quality. Dermatological and ophthalmic conditions represented 8% and 5% respectively. The findings emphasize the need for preventive healthcare interventions focused on occupational health, respiratory risk reduction, WASH practices, women's health, and chronic disease screening to strengthen long-term community health resilience.

## Telemedicine –Himalayan Sanjeevani Clinic

The telemedicine platform continued to strengthen healthcare access in the Nagthat area of Kalsi by connecting remote communities with expert medical consultation. Serving nearly 70,000 people, the initiative reduced geographical barriers and travel burdens while promoting early diagnosis, continuity of care, and equitable healthcare delivery in underserved hilly regions.



The Himalayan Sanjeevani Clinic continued to function as a critical healthcare lifeline for remote communities, delivering accessible primary and secondary healthcare services through its telemedicine platform. With regular specialist support from Himalayan Institute of Medical Science, patients benefited from expert consultations, clinical investigations, treatment, counseling, and follow-up care closer to their communities. Essential diagnostic services including blood pressure monitoring, blood sugar testing, hemoglobin (Hb) assessments, and ECGs were routinely provided at the center, strengthening early diagnosis and timely intervention.




During the reporting period, a total of 2,388 patients accessed telemedicine services while 2200 were referred for tele-consultation. The disease pattern highlights the growing burden of respiratory and musculoskeletal conditions in hilly communities, likely influenced by harsh climatic conditions, indoor smoke exposure, and physically demanding livelihoods. The continued presence of gastrointestinal and fever-related illnesses also reflects persistent challenges related to sanitation, hygiene, and access to preventive healthcare services in remote areas.

## Cancer Awareness

Cancer awareness sessions were conducted across villages, schools, workplaces, and institutional settings, reaching 338 participants. The program focused on cervical, breast, and lung cancer prevention, early detection, HPV vaccination, breast self-examination and healthy lifestyles. Expert-led sessions and community outreach significantly improved awareness, preventive practices, and reduced stigma around cancer-related health issues.

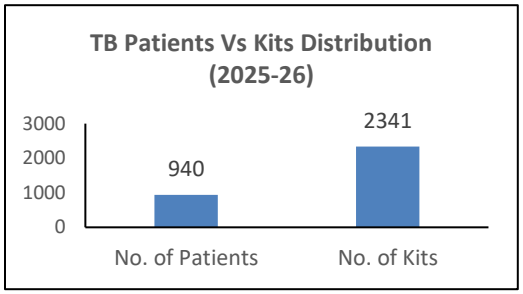


## TB Elimination Program

The organization has been working towards TB elimination since 2023 in partnership with the Departments of Pulmonary Medicine and Community Medicine at HIMS. The initiative extends comprehensive support to TB patients across Dehradun and Haridwar districts through regular health screening camps and the provision of nutrition kits. With a goal of assisting 2,000 individuals, the program operates at the community level with patient identification and outreach facilitated by the Aas organization.



To maintain continuous nutritional reinforcement, food kits are distributed every Saturday at designated points in the Doiwala, Raipur (Dehradun) and Bahadrabad (Haridwar). During the year, 940 TB patients were screened and 2341 protein-rich food kits were distributed to them. Field findings also highlight a notable trend—TB prevalence appears to be higher among women than men.




A key feature of the program is its strong focus on community participation. TB Champions—individuals who have overcome the disease—are actively engaged to spread awareness, counter stigma, and motivate affected families. Their involvement is helping build a more informed and supportive environment, strengthening the collective effort to eliminate TB at the grassroots level.

**Training on CPR and Basic Life Support for Frontline Workers and Youth**




Structured orientation programmes on CPR and Basic Life Support were conducted for police, railway, and traffic personnel, along with NCC, NSS, Scout & Guide students, and school staff across Dehradun and Haridwar districts. The trainings focused on emergency preparedness, rapid response, and life-saving techniques during accidents and medical crises. By strengthening practical skills, confidence, and public safety awareness among potential first responders, the initiative enhanced community resilience and reinforced the organization's commitment to preventive healthcare and emergency preparedness. A total of 221 participants were trained under the program.

**Holistic Health**



The timeless teachings of H.H. Swami Rama on holistic health continue to hold profound relevance for humanity—especially in today's fast-paced world, where stress and imbalance are increasingly common. These teachings offer immense potential to foster inner harmony and well-being, empowering individuals to bring about meaningful and transformative changes in their lives.

This initiative focused on enhancing community-level awareness of holistic health by fostering emotional stability, self-awareness, and mental concentration through the application of Himalayan yogic principles. Rooted in the philosophy of Swami Rama, the programme incorporated practices such as breath control, mindfulness techniques, guided relaxation, and periods of silence. These interventions were aimed at cultivating self-regulation, clarity of thought, emotional strength, and harmony between the body, mind, and breath.

The program included a 48-hour basic residential yoga orientation program for different stakeholders including community members. At community level, the program was conducted in schools and villages trainings more than 800 participants.

**ASHA Certificate Course- Comprehensive Maternal Health Care and Services**

The ASHA Certificate Course is a structured capacity-building programme designed for ASHA workers and rural youth to strengthen their role as frontline healthcare providers in rural communities. The program follows a competency-based approach that integrates classroom learning with practical field exposure. The curriculum comprises five core modules covering maternal and child health, community mobilization, health data management, National Health Programmes, AYUSH, emergency response, palliative care, and the role of frontline workers during epidemics and disasters. The course aims to enhance technical knowledge, practical competencies, analytical thinking, and effective community-based healthcare delivery.




During the reporting period, the 9th and 10th batches were successfully completed with 58 trainees, predominantly women from rural and peri-urban areas of Dehradun, Haridwar, and adjoining districts. The 11th batch was also initiated for the 2025–26 cycle. With these additions, the programme has successfully trained and certified 243 rural youth across 10 batches, significantly contributing to strengthening the rural public health workforce.

**SANKALP project**

The SANKALP initiative in Haridwar district transitioned into a full-scale implementation phase during the reporting period, focusing on strengthening maternal and newborn health systems through an integrated approach combining capacity building, systems strengthening, data-driven monitoring, and quality improvement interventions.




Between April 2025 and March 2026, the programme digitized tracking via REDCap, registering 29,230 births (28,921 live) and completing postnatal follow-ups for 26,947 newborns. The recorded 479 neonatal deaths established an overall NMR of 17.8 per 1,000 live births. Key achievements include tracking 623 high-risk pregnancies and training 1367 frontline healthcare providers, including 1,059 ASHAs. Despite infrastructure and staffing challenges, SANKALP has built a data-driven foundation, improving health system readiness, accountability, and clinical competencies across the district.

**Collaborative learning with Wipro Cares**

The Wipro team visited the RDI-HIHT campus to review collaborative initiatives on maternal and child health, adolescent empowerment, and community engagement. Field visits to Hazaragrant and Anneki villages enabled interactions with community stakeholders, beneficiaries, and adolescent girls to understand grassroots challenges related to health, nutrition, education, sanitation, and early marriage. The visit highlighted the importance of sustained community support, awareness, mentoring, and livelihood opportunities for holistic rural development.




RDI participated in the Wipro Healthcare Partners' Forum held in Bengaluru. The forum brought together healthcare practitioners, partner organizations, and experts for collaborative discussions on strengthening community health systems.

# EDUCATION

## Scholarship Program

The RDI Scholarship Program supports children from marginalized and economically disadvantaged families across Uttarakhand, including remote mountain regions, to prevent school dropouts and ensure continuity of education. Through sustained academic and financial assistance, the programme has empowered children to pursue education with confidence and hope, benefiting more than 800 children to date.



During the current academic year 2025–26, a total of 108 students from marginalized communities were selected for scholarship support for their school education. The scholarships were distributed by Dr. Vijay Dhasmana, Hon'ble President, Swami Rama Himalayan University, who emphasized the transformative role of education in personal development and nation-building. He highlighted that such support not only reduces the financial burden on families but also motivates children to pursue academic excellence and contribute meaningfully to society.



This year we had the privilege of welcoming Ms. Matilda and Mr. Eduardo from Spain, long-standing supporters of the organization's scholarship program. A special get-together was organized with around 50 scholarship beneficiaries to provide the children an opportunity to meet and interact with their supporters.

**Personality development workshops**



The workshops included developmental activities to promote holistic growth, self-awareness, creativity, and life skills among children and scholars. More than 90 children participated in variuos activities such as trust-building games, candle making, CPR training, creative crafts, time management exercises, and discussions on adolescent issues and responsible social media use. Career counselling sessions were also organized for children to guide and orient them about various career opportunities, helping them understand their interests, strengths, and future educational and professional pathways. Career counselling sessionsl sessions were also held for children to orient them about different career opportunities.

## Vidya School

Vidya School serves as a vibrant pre-primary learning centre for the children of the organization's faculty and staff, offering a safe, supportive, and child-friendly environment for early childhood development. Throughout the academic year, Vidya School actively organized and celebrated a range of important events and national occasions, including the Annual Function, Sports Day, Republic Day, and Independence Day. These celebrations provided children with opportunities to showcase their talents, develop confidence, and participate in joyful group activities. During the academic session 2025–26, the school enrolled 11 children, continuing its commitment to holistic early childhood education.

## Flying Birds



Flying Birds continued its non-formal preschool education programme using a child-centred and holistic learning approach to strengthen school readiness among young children. Through play-based and experiential activities, the programme enhanced language, cognitive, motor, emotional, and social development while encouraging creativity, confidence, and teamwork. Indoor and outdoor learning activities, storytelling, and peer interaction supported overall growth. The mid-day meal programme improved health, attendance, and participation. Parent-Teacher Meetings and national celebrations encouraged community engagement and experiential learning. During the year, 54 children attended Flying Birds, and 37 children transitioned into government schools.

## Aakhar Initiative

The Aakhar Initiative, launched in 2021 in response to COVID-19 related educational disruptions, continued to support children from underserved and remote communities through community-based foundational learning centres. Operating across seven centres in Dehradun (Gujjar Bastis Athoorwala and Lachhiwala, Mayakund, Itharna, Laltappar, Nagthat) and Tehri Garhwal(Hindolakhal), the programme reached over 180 children, including migrant and forest-dwelling Gujjar communities with limited access to formal education. Structured sessions in Hindi, English, and Mathematics strengthened literacy, numeracy, and school readiness skills.



The programme adopted flexible and context-specific strategies to address irregular attendance, migration, and infrastructural challenges. Digital learning through tablets and the Chimple application promoted interactive and self-paced education, while storytelling and creative activities enhanced participation and experiential learning. Teacher training strengthened inclusive and child-centred pedagogy. Warm clothes and weekly nutritional snacks supported children's health, well-being, and regular participation in learning activities.



# LIVELIHOOD

## Comprehensive Community Development Program (CCDP)

The Comprehensive Community Development Program (CCDP) is being implemented across 15 selected villages of Jaiharikhal Block, covering 752 households and a population of 3,386 people. The program aims to strengthen rural livelihoods through sustainable agriculture, value addition, entrepreneurship development, and promotion of traditional skills, while encouraging active participation of youth in village-based economic activities. The initiative promotes both traditional and alternative farming practices, including aromatic crop cultivation, fruit plantation, and organic farming, alongside strengthening market linkages and local processing systems. The program also supports entrepreneurship opportunities for rural women and youth and revives traditional handloom and handicraft practices to create sustainable, community-based income-generating opportunities.

### Land Development and Crop Diversification



Large areas of land were prepared for cultivation of turmeric, ginger, and pulses. Around 9 quintals of turmeric rhizomes were planted on previously unused land, contributing to productive utilization of fallow fields. During the reporting period, harvesting activities included 90 kg of garlic, 60 kg of onions, 300 kg of ginger, and approximately 1,500 kg of chilli, along with manduwa, jhangora, kulath, lobiya, black soybean, and urad dal. Community members actively participated in cultivation, harvesting, and post-harvest management activities. To further strengthen outreach and participation, community meetings were conducted in the villages to encourage farmer engagement and expand livelihood interventions.

### Agricultural Procurement and Processing



Agricultural activities were undertaken in Malethi and nearby villages. During the reporting period, produce from 68 farmers was procured directly under the project. The major crops purchased included turmeric, ginger, garlic, red chilli, ragi, jakhiya, jhangora, and amla.

A total of 3,200 kg of raw turmeric, 530 kg of dried turmeric, 165 kg of red chilli, 210 kg of garlic, 123 kg of ginger, 50 kg of ragi, 10 kg of jakhiya, 5 kg of jhangora, and 200 kg of amla were procured and processed through the local processing unit.

The establishment of the processing unit played a significant role in value addition at the village level. The raw produce underwent cleaning, boiling, drying, grinding, and packaging before being supplied to SRHU and local markets. This intervention reduced post-harvest losses, improved shelf life, and ensured better market value for local produce. Farmers benefited from fair prices without the need to transport products to distant markets.

**Horticulture Development (Apple Plantation)**

Horticulture was introduced as a long-term income strategy. Last year 150 apple saplings of six improved varieties—Persimmon (50), Dark Baron (30), Z1 Apple (30), Fenzem Gala (30), Granny Smith (5), and Golden (5)—were planted in a demonstration field.

However, the plantation faced challenges due to dieback disease and adverse climatic conditions, resulting in the survival of approximately 100 plants. Corrective measures such as pruning and fungicide application were undertaken. While large-scale apple production is yet to be realized, the initiative has laid the foundation for future horticulture-based income generation and highlighted the need for climate-resilient practices.

**Lemongrass Cultivation and Oil Production**

Lemongrass cultivation emerged as a promising alternative livelihood. Across four villages—Kota Talla, Kota Malla, Toli, and Kandiya—a total of 10,303 kg of lemongrass biomass was harvested. Through 8 distillation cycles, approximately 33 litres of lemongrass oil was produced. This intervention demonstrates strong potential for high-value crop adoption, though improvements in distillation efficiency and resource optimization are required.



The processing unit played a critical role in converting raw produce into market-ready products. Activities included boiling, drying, grinding, and packaging. Processed goods were marketed through institutional platforms and exhibitions in Haridwar and Raj Bhawan, Dehradun.



## Tailoring, Handloom and Waste Paper Recycle Units

The Tailoring Centre handled all hospital stitching needs—from linens and uniforms to machine covers. The centre also crafted specialty items, including yoga kits, custom bags, and convocation stoles. Extending its impact beyond production, the tailoring centre at Nagthat continued training and equipping rural women and youth with sustainable tailoring skills.



As part of its rural livelihood and sustainability initiatives, the organization established a small-scale Handloom Unit to provide skill development and income-generation opportunities for rural youth while promoting traditional weaving practices. Trainees received practical exposure in loom handling, yarn preparation, weaving, and product finishing. During the year, the unit produced 250 metres of thread, 251 mufflers, 76 waistcoats, and 8 stoles, with participation from four trainees and exposure visits by SRHU students.



Additionally, a Waste Paper Recycle Unit was initiated to promote environmental sustainability by converting paper waste into useful products. The unit produced around 8,900 recycled sheets and 563 diaries during the reporting period.

## Integrated Skill Development Certificate Course for Rural Youth

***(Office Assistant cum Computer Operator and Electrician cum Plumber)***

The organization is driving rural youth empowerment through free skill development programs. Launched in May 2024, these programs offer courses in Office Assistant cum Computer Operator and Electrician cum Plumber, each designed to train at least 30 students per batch. By equipping participants with practical, industry-relevant skills, these initiatives aim to boost local employment opportunities and reduce migration to urban areas.




Office Assistant cum Computer Operator course provides comprehensive, three-month hands-on training across ten modules. Participants learn MS Office, data entry, and digital financial services alongside essential communication and task management skills. Structured into four core components, this program blends technical and soft skills to excel in administrative roles.

The Electrician cum Plumber course empowers rural youth who have completed 10th grade through a balanced mix of theoretical and practical learning. Structured into four core components, the program blends electrical and plumbing training to foster local employability and self-employment.



During the year, three batches were completed training 68 students in Office Assistant coure and 57 in Electrician cum Plumber course.

# WATER & SANITATION

Water is essential for human survival, public health, and sustainable development, while also playing a critical role in climate resilience and long-term water security. However, climate change, erratic rainfall, rising temperatures, declining groundwater levels, and frequent extreme weather events are intensifying water scarcity, particularly in vulnerable Himalayan regions. Inadequate access to safe drinking water, sanitation, and hygiene (WASH) services continues to disproportionately affect rural and marginalized communities, especially women and children, increasing health and livelihood risks.

During the reportin year, the organization focused on interventions ranging from springshed management, aquifer recharge, revival of defunct handpumps through Direct Injection technology, water quality monitoring, rainwater harvesting, and climate-resilient drinking water infrastructure. Capacity-building programmes, awareness campaigns, and community participation remained central to all initiatives. Through research, institutional collaboration, and sustainable water management approaches, the programmes contributed toward improved public health, environmental sustainability, and achievement of SDGs related to water, health, education, and climate action.

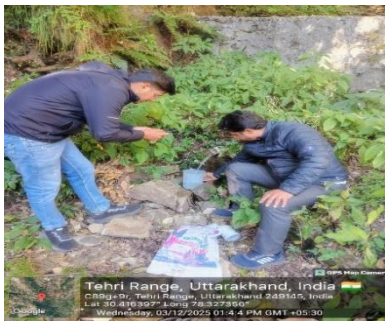
**Research Project under National Mission Himalayan Studies (NMHS)**



Supported by the MoEFCC under the National Mission on Himalayan Studies, this project develops low-cost, climate-resilient drinking water systems to combat water scarcity in Uttarakhand's fragile regions. Focus districts include Uttarkashi, Chamoli, Rudraprayag, Pauri Garhwal, and Tehri Garhwal, where prefabricated source-tapping systems with graded filtration were deployed.

The initiative included hydrogeological studies, IS 10500 water testing, and training for Village Water and Sanitation Committees using Field Testing Kits. Following successful laboratory validation of four prototypes at IIT Roorkee, field installation—including excavation and trenching—was initiated, establishing robust, climate-adaptive infrastructure for seasonal water security.

**Revival of Defunct Handpumps through Direct Injection Technology**




The organization implemented an innovative project to revive defunct handpumps using Direct Injection technology to address seasonal drying and poor water quality. Executed across seven critical, low-yielding sites—including Aarakot, Chopdiyal, Churerdhar, Gunogi, Kanatal, and Uniyal Gaon—the initiative focused on restoring non-functional systems while enhancing local groundwater recharge.

Baseline assessments identified key issues like rust contamination and mechanical failure. Interventions involved installing Direct Injection systems and structurally reinforcing damaged frameworks.

Ultimately, all seven handpumps were successfully restored, dramatically improving water access for households and schools, reducing rust, and positively recharging connected downstream aquifers..

**Direct Injection of Treated Rooftop Rainwater for Aquifer Recharge**



To address rising water stress in the Himalayan region, a collaborative project was launched to inject treated rooftop rainwater into aquifers, converting defunct handpumps into functional recharge structures. Implemented across 13 habitations in Chamoli district's Gairsain block, the initiative integrated hydrogeological assessments, rooftop catchment mapping, HDPE pipeline networks, and graded filtration systems. Community training on operation and maintenance ensured long-term sustainability. This technically sound, scalable model successfully enhances groundwater availability and strengthens climate resilience, offering a reliable blueprint for rural water security and the long-term sustainability of vital drinking water sources in water-stressed mountainous terrain.

**Sustainable Water Management: Springshed Management and Aquifer Recharge**




The Sustainable Water Management initiative promoted springshed management and aquifer recharge across 13.39 hectares in Kalsi block, Dehradun. Through geo-hydrological studies, water conservation structures, and plantation activities, the project strengthened groundwater recharge and revived traditional water systems. Capacity-building of local committees and Panchayats ensured community participation, ownership, and sustainable water resource management.

**Water Quality Monitoring and Impact Assessment**




The Water Quality Monitoring and Impact Assessment Project was implemented across 25 villages in six districts of Uttarakhand to promote safe drinking water and community-based surveillance. Through water testing, sanitary surveys, chlorination awareness, and hygiene campaigns, the project trained 660 stakeholders, including women-led FTK groups, strengthening local ownership and reducing dependence on external laboratories.

**Social and Environmental Audit under Namami Gange Programme**

The organization conducted Environmental and Social Audits of Sewage Treatment Plants (STPs) and I&D systems under the Namami Gange Programme in four Uttarakhand districts. Evaluating impacts on sanitation, health, and ecosystems, the audit utilized household surveys, water monitoring, and safety assessments. The resulting recommendations and action plans addressed compliance gaps and operational strengths, receiving high appreciation from both State and National Missions for Clean Ganga.

**Co-learning Exposure Visit on Springshed Management for Water Security**



A Co-learning Exposure Visit on Springshed Management was organized under ICIMOD's HI-REAP programme, bringing together mayors, officials, and experts from Nepal and Uttarakhand. Through technical sessions, field visits, and interactive discussions, the programme promoted cross-learning on springshed management, aquifer recharge, rainwater harvesting, and climate-resilient water management practices.

**Partnership with Uttarakhand State Assembly**




The organization strengthened institutional collaboration through a Memorandum of Understanding (MoU) with the International Institute for Parliamentary Studies, Research and Training (IIPSRT), promoted by the Uttarakhand Vidhan Sabha. The partnership focused on parliamentary studies, policy dialogue, research collaboration, and governance-related capacity building. The collaboration aimed to bridge the gap between scientific research and governance systems while promoting evidence-based policy-making for sustainable development. It also provided researchers and students access to parliamentary records and legislative resources to strengthen interdisciplinary research on water, environment, and public policy.

**Academic Exposure Visit to Uttarakhand Legislative Assembly**



Students, research scholars, and faculty members participated in an academic exposure visit to the Uttarakhand Legislative Assembly to understand governance systems and legislative processes. Participants interacted with parliamentary knowledge systems and explored policy-related resources relevant to environmental management and sustainable development. The programme strengthened understanding of the linkages between scientific research, public policy, and governance systems.

- **Exposure Visit of IUCN Delegates and BRIDGE Global Thematic Conference**

As part of the BRIDGE Global Thematic Conference organized under the aegis of the International Union for Conservation of Nature (IUCN), an international delegation from 11 countries visited Uttarakhand to learn about springshed management and nature-based solutions for climate resilience. The programme facilitated dialogue between global experts, government institutions, academia, and local communities on integrated water resources management and ecosystem restoration approaches.

- **Article publication**

An article published in Northern Insights Climate and Sustainability, issue XVIII, volume / pg no XVIII/15,16,17. The article highlights climate change impacts intensified across North India in 2025, marked by cloudbursts, landslides, flash floods, and heatwaves. The Himalayan states suffered severe infrastructure damage and livelihood losses, while the northern plains faced extreme rains and floods. Rising temperatures, glacial melt, and shifting precipitation patterns underline the urgent need for adaptive, data-driven climate resilience strategies.

# COMMUNITY-BASED REHABILITATION

## Saksham Program

***(A Community Based Rehabilitation Program for People with Disabilities)***

### Learning Disability Clinics




Learning Disability Clinics remained a major intervention under the Saksham Programme, supporting children with learning, speech, and developmental difficulties. During the reporting period, 237 children were screened, of which 66 were identified with learning disabilities. Multidisciplinary clinics provided assessment, counselling, referrals, and therapeutic guidance. Additionally, 18 children received speech therapy support, while physiotherapy sessions were conducted for two children, alongside caregiver sensitisation on early intervention and therapeutic care.

### Disability Certificates and UDID Card

Facilitation for disability certification and social security services supported 128 Persons with Disabilities across Doiwala and Bahadarabad blocks, enabling access to pensions, scholarships, UDID cards, and reservations. Additionally, 54 beneficiaries were referred for specialised assessment and rehabilitation, while 108 PWDs received support for UDID cards and disability pension linkage.

### Assistive Devices



20 assistive devices, including wheelchairs, crutches, tricycles, callipers, spectacles, toilet pots, and walking sticks, were distributed to persons with disabilities across Doiwala and Bahadarabad blocks based on assessed needs. The initiative enhanced mobility, independence, accessibility, and participation of beneficiaries in daily, livelihood, and community activities, improving their overall quality of life.

### Capacity building of school teachers



Training program on Learning Disabilities was organised for 20 school teachers to strengthen understanding of learning challenges, early identification, referral mechanisms, and inclusive classroom practices. Experts from psychiatry and neurology departments discussed symptoms, treatment options, and timely intervention, promoting collaboration between schools and healthcare providers for improved child development outcomes.

### Economic Empowerment and Career Support




The program promoted economic empowerment, education, and self-reliance among Persons with Disabilities through livelihood support, career guidance, and community-based initiatives. Seed money and assistive livelihood tools supported self-employment, while beneficiaries were linked with the National Career Service Centre for vocational and employment opportunities. Scholarship assistance, career counselling, and strengthened Disabled Persons' Organisations (DPOs) further enhanced inclusion, leadership, financial awareness, and access to government schemes and services.

### International Day of Persons with Disabilities



The International Day of Persons with Disabilities (IDPD) 2025 was observed on 3rd Decembr under the theme "Fostering disability-inclusive societies for advancing social progress." The programme highlighted inclusive development, early intervention, and community-based rehabilitation. Distribution of assistive devices, bicycles, sewing machines, and livelihood support promoted accessibility, dignity, mobility, and self-reliance among persons with disabilities.

## Stories of Empowerment and Self-Reliance



Rashmita, a young girl with intellectual disability, showed significant improvement through regular treatment, therapy, and family support. With timely assessment, disability certification, and specialised therapy, she gained confidence and now performs daily activities more independently while actively participating in social and recreational activities..



After losing his father, Mohammad Ujjair took responsibility for supporting his family despite his disability. Livelihood support for opening a grocery shop helped him become self-reliant. Today, he continues his studies while managing his shop, reflecting resilience and determination.



Monu, a youth with dwarfism from Ahmedpur village, received support for obtaining a disability certificate, UDID card, pension, and travel pass. These services improved his access to social security benefits, mobility support, and opportunities for greater independence and self-reliance..

# Advocacy/Workshops/Awards



Throughout the year, various international observances were celebrated to promote inclusion, gender equality, cultural heritage, and sustainable development. Events such as International Women's Day, International Day of Rural Women, International Day of Persons with Disabilities, International Mountain Day, and Matribhasha Diwas highlighted women's empowerment, disability inclusion, environmental conservation, and linguistic diversity through awareness activities, cultural programmes, role plays, traditional performances, and distribution of assistive and livelihood support, fostering community participation, confidence, and social awareness..

**Promoting Water Conservation and Community Awareness Initiatives**



To promote water conservation and sustainable water management various events and campaings were organized. Jal Mahotsav 2026 engaged communities and schools in Chamoli, while World Water Day involved 563 participants. Harela Parv promoted plantation drives, and SRHU's water conservation initiatives were appreciated during Watershed Mahotsav 2025–26.

**RDI Foundation Day (20-21 September)**



The Foundation Day was celebrated through educational, health, and community outreach activities reflecting the institute's commitment to service and social development. Books authored by H.H. Swami Rama were distributed to libraries and schools across multiple districts to promote learning and knowledge sharing.

Scholarships, stationery kits, diaries, bags, and pens were provided to students from marginalized communities to support education. Health camps organised in Bahadrabad block benefited nearly 500 community members through awareness sessions on health, hygiene, nutrition, sanitation, mental health, and disaster preparedness. The celebrations concluded with an interaction session by Dr. Vijay Dhasmana, Member Presidential Boday, HIHT and the distribution of scholarships and Swami Rama centenary diaries.

## Awards and Recognition



- Global Recognition in Water Sustainability: SRHU Conferred with Water Transversality Global Award 2026 under the Rainwater Harvesting and Groundwater Management category. The award was presented by the India Water Foundation at a high-level international conclave held at the India International Centre, New Delhi.



- Platinum Award at 4th CII Northern Region Green Practices Award 2025 by CII Northern Region Green Gurugram.
- Energy Samman Award 2025 hosted by PHD Chamber of Commerce and Industries.



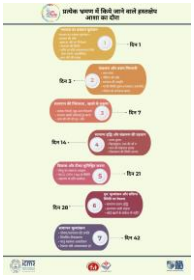

- In 2026, the institution was featured under the Sustainable Institutions of India – Green Rankings (Titanium Band) by R. World Institutional Ranking, acknowledging its leadership in sustainability practices.
- Felicitation by Hon’ble Governer, Uttarakhand for dedicated contributions and outstanding services toward the TB Mukt Bharat initiative.

## Promotional IEC material





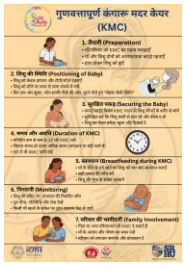












## Print media



जरूरतमंद दिव्यांगजन को दिए सहायक उपकरण

संवर संवाददाता ● ज्योलीग्रांट

स्वामी राम हिमालयन विश्वविद्यालय जौलीग्रांट के ग्रामीण विकास संस्थान ने अंतरराष्ट्रीय दिव्यांगजन दिवस को उत्साह के साथ मनाया। इस दौरान जरूरतमंदों को सहायक उपकरण भी वितरित किए गए।

एसआरएचयू के कुलपति डा. राजेंद्र डोभाल ने आईआइआइ की प्रतिबद्धता की सराहना की और सभी विभागों से दिव्यांगजनों के जीवन की गुणवत्ता बढ़ाने के लिए एआइ आधारित समाधान विकसित करने में सहयोगात्मक रुप से काम करने को कहा कहा। आरडीआइ स्टिलक की सीसिली ग्व कुलपति डा. डोभाल ने जरूरमंदों को सहायक उपकरण, सिलाई मशीन, स्मार्टफोन, विटर किट वितरित की। आरडीआइ के उप निदेशक डा. राजीव बिजल्वाण ने समवेतन के को एक

गुरुवार को विश्वविद्यालय में उपकरण वितरित करते स्वामी राम हिमालयन विश्वविद्यालय के कुलपति डा. राजेंद्र डोभाल ● एसआरएचयू



दस्तक 100

ग्रामीण क्षेत्रों का विकास ही ग्राम्य विकास संस्थान का मिशन: डॉ. विजय धस्माना

नैनीताल डिस्पेंसरी चलाते हुए लगिंग डिसएबिलिटी क्लिनिक की सफलता और जुड़ाआई चाचवन के महत्व को रेखांकित किया। कार्यक्रम का संचालन नीलम पांडेय ने किया।



देवभूमि JK देश की आवाज न्यूज

राजनीति | राष्ट्रीय | अंतर्राष्ट्रीय | उत्तराखंड | क्रिकेट

*अंतर्राष्ट्रीय पर्वत दिवस 2025 : SRHU में पर्वतीय संरक्षण और सतत विकास पर विशेष कार्यक्रम*

11 December 2025 ● देवभूमि jknews

देवभूमि जे के न्यूज़ (अप कुमार तिवारी) - डोईवाला। ग्रामीण विकास संस्थान (RDI), एसआईएचटी, स्वामी राम हिमालयन विश्वविद्यालय द्वारा अंतर्राष्ट्रीय पर्वत दिवस 2025 का आयोजन उल्लासपूर्वक किया गया। यह कार्यक्रम हिमालय की संस्कृति, समाज, पर्यावरण और उसकी अद्भुत विरासत के संरक्षण तथा सतत विकास के सामूहिक संकल्प को और मजबूत करने वाला साबित हुआ।

कार्यक्रम का समापन डॉ. राजीव बिजलवान, उपनिदेशक RDI, के धन्यवाद ज्ञापन के साथ हुआ। कार्यक्रम का संचालन नीलम पाण्डेय ने सुचारू रूप से किया।

कार्यक्रम में स्कूल ऑफ कंप्यूटेशनोलॉजी, स्कूल ऑफ साइंस एंड टेक्नोलॉजी, स्कूल ऑफ मैनेजमेंट, स्कूल ऑफ योगा साइंस के डीन, फैकल्टी सदस्य तथा RDI के स्टाफ उपस्थित रहे।

*माउंटेन हिल्स वैरिएंस से सम्बन्धित*

कार्यक्रम का मुख्य आकर्षण रहा RDI द्वारा चयनित माउंटेन हिल्स वैरिएंस का समाधान। इस वर्ष कमल नयन जोशी, निर्मला बिजलवान एवं विकास बोरा को पर्वतीय क्षेत्रों में जेप-संरक्षण, जीविकोपार्जन, स्वास्थ्य, साझुदायिक विकास तथा सेवाभाव से किए गए उत्कृष्ट योगदान के लिए सम्मानित किया गया।



जैन्दो और बाढ़ी में निःशुल्क स्वास्थ्य शिविर का आयोजन

23 अगस्त, नागधार (रा्य ब्यूरो न्यूज़): ग्राम विकास संस्थान, स्वामी रामराव जोलीग्रांट के तत्वावधान में कनी के अंतर्गत ग्रामपंचायत जैन्दो और बाढ़ी में निःशुल्क स्वास्थ्य शिविर उपलब्ध कराने के उद्देश्य से दो दिवसीय निःशुल्क स्वास्थ्य शिविर का आयोजित किया गया है जिसमें डॉक्टरों ने विभिन्न रोगों से संबंधित परीक्षण भी किया और निःशुल्क दवाइयां भी वितरित की गई।

इस मौके पर निकिलकों ने कहा है कि बदलते परिवेश के साथ आपने स्वास्थ्य की ठीक से देखभाल करनी चाहिए। निःशुल्क स्वास्थ्य शिविर से जैन्दो में 40 व्यक्ति बाढ़ी में लगभग 60 रोगियों को सामान्य जांच एवं स्वास्थ्य परीक्षण किया गया।



उत्तराखण्ड में जल संरक्षण की ऐतिहासिक पहल

गैरसैंण से शुरू हुआ भूजल पुनर्भरण का नया अध्याय

भूपेन्द्र कुमार नेगलवाल

देहरादून 20 अगस्त। उत्तराखण्ड में जल संकट को चुनौती से निपटने के लिए आज एक ऐतिहासिक पहल का आगाज हुआ। विकासनगर थाना, भारतीय में आयोजित कार्यक्रम में मुख्यमंत्री पुष्कर सिंह धामी एवं विकासनगर अन्नपूर्णा मुख्य अन्नपूर्णा भूपन ने स्वामी राम हिमालयन, जोलीग्रांट के सहयोग से "जलसंकट हरेसंकट तथा जोल पुनर्भरण योजना" का शुभारंभ किया।

इस अवसर पर मुख्यमंत्री धामी ने कहा कि उत्तराखण्ड जैसे पर्वतीय राज्य के लिए जल संरक्षण केवल पर्यावरणीय आवश्यकता नहीं, बल्कि राज्यवासियों के लिए



भविष्य की जीवनरेखा है। उन्होंने कहा कि "भूजल पुनर्भरण भविष्य की जल सुरक्षा का आधार बनेगा। यह योजना राज्यवासियों के लिए

इस परियोजना के प्रभावी क्रियान्वयन के लिए 8 जुलाई 2025 को अंतर्राष्ट्रीय संस्थान अध्ययन, शोध एवं प्रशिक्षण संस्थान, भारतीयीय और स्वामी राम हिमालयन विश्वविद्यालय के बीच एक MoU हुआ था।

डायरेक्टर टेक्नोलॉजी जल संरक्षण पुनर्भरण परियोजना के अंतर्गत राष्ट्रपति पर्वत जल को संरक्षित टैंकरों में इकट्ठा कर भूजल स्तर को बढ़ाया जाएगा। इस तकनीक को स्वामी राम हिमालयन विश्वविद्यालय, जौलीग्रांट के विशेषज्ञों द्वारा विकसित किया गया है। परियोजना के पहले चरण में छोगवाडांग राजकीय पैलीय और पौड़ीगढ़वा विकासखंडों के 20 गांवों में टैंकरों को पुनर्भरण का पूरा जिम्मेदारी सौंपा जाएगा। इस योजना के तहत 10 हजार लीटर क्षमता के टैंकर एक स्थायी समाधान की दिशा में पहला कदम माना जा रहा है।

कार्यक्रम के दौरान विश्वविद्यालय द्वारा तैयार की गई एक डॉक्यूमेंट्री में प्रशिक्षित की गई जिसमें दिखाया गया है कि कैसे ये टैंक गांवों में जल के स्तर को बनाए रखने में मदद करेंगे। इस अवसर पर विश्वविद्यालय की



स्वच्छता और स्वास्थ्य के प्रति जागरूक रहें किशोरी

संवाद न्यूज एजेंसी

धारीसैंण स्वामी राम हिमालयन विश्वविद्यालय के ग्राम विकास संस्थान की ओर से हरिकोल सरस्वती पीजी कॉलेज चन्दोली में छात्राओं को मासिक धर्म स्वच्छता और स्वास्थ्य का शिविर लगाया गया।

इस दौरान बतौरिपती मेडिकल विभाग की एसोसिएट प्रोफेसर डॉ. वेदा शर्मा ने छात्राओं को मासिक धर्म के दौरान स्वच्छता का महत्व एवं उसके आवश्यक टिप्स दिए। उन्होंने कहा कि छात्रों मासिक धर्म को लेकर फैली भ्रांतियों से बचें और यह चरित्र की आम परिस्थिति को भी स्वच्छता के प्रति जागरूक करें।

ग्राम विकास संस्थान की प्रबंधक नीलम भंडारी ने कहा कि मासिक धर्म को लेकर झिझकना गलत है जिससे लड़ना उसके बजाय समझना चाहिए। इस दौरान स्वच्छता के प्रति जागरूक रहना बहुत जरूरी है।



इंटरेक्टिव सत्रवाली पीजी कॉलेज छात्रों से गोपुड़ा ग्राम संस्थाएं संवाद में अंतरिक्ष। संवाद

कार्यक्रम में डॉ. योगेश कुमार, कार्यक्रम सहाधिकारी प्रबंधन समिति के अध्यक्ष उमेदार सुरेंद्र सहार, पंचायत मेंबर, संयोजक डॉ. संजय कुमार आदि ने भी सुमन देवी ने की जबकि संचालन डॉ. लीला उनियाल, लता सेमी, सिद्धार्थ, देवेश



लोकसत्य

राष्ट्रीय हिंदी दैनिक

सत्य के साथ, असत्य से जो

02 | 05

जल संरक्षण में एसआरएचयू को ग्लोबल अवा





अंतरराष्ट्रीय स्त पर बनाई पहचा



हार्टअटैक आने पर जान बचाने का सीखा ज्ञान

अमर उजाला

Haridwar

18-01-2026

स्टेशन पर कर्मियों को दिया सीपीआर प्रशिक्षण

हरिद्वार। अर्द्धकुंभ मेला-2027 के मद्देनजर यात्रियों की सुरक्षा और आपात स्थितियों से निपटने की तैयारियों को देखते हुए हरिद्वार रेलवे स्टेशन पर शनिवार को विशेष मेडिकल कैंप का आयोजन किया गया।

जीआरपी कप्तान अरुणा भारती के नेतृत्व में थाना परिसर में लगाए गए शिविर में जीआरपी-आरपीएफ कर्मियों को प्रशिक्षण दिया गया। शिविर में हिमालयन इंस्टिट्यूट हॉस्पिटल ट्रस्ट जौलीग्रांट की टीम ने जीआरपी व आरपीएफ के पुलिस अधिकारियों एवं कर्मचारियों को सीपीआर का व्यावहारिक प्रशिक्षण दिया। डॉ. राजेश शर्मा, डॉ. सुनील खंडूरी ने बताया कि किसी व्यक्ति को अचानक हार्ट अटैक आने की स्थिति में शुरुआती तीन मिनट बेहद महत्वपूर्ण होते हैं। संवाद

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HEALTH NATIONAL SOCIAL WORK/ समाज सेवा UTTRAKHAND

एसआरएचयू पहुंचा नेपाल के महापौरों का दल, स्प्रिंगशेड प्रबंधन को जाना

22 April 2025 / Chief Editor Dirtyambak Semwal





22-APRIL-2025

एसआरएचयू पहुंचा नेपाल के महापौरों का दल, स्प्रिंगशेड प्रबंधन को जाना

– जल संकट से निपटने के लिए स्प्रिंगशेड प्रबंधन जरूरी





# VISITORS @ RDI

During the year, the organization welcomed visits from a wide range of national and international stakeholders, including representatives from NITI Aayog, CSR foundations, universities, and individual development professionals. These visits provided an opportunity to showcase RDI's multi-sectoral initiatives aimed at improving the lives of marginalized communities across health, education, livelihood, water & sanitation and social development domains. Students and faculty members from academic institutions also engaged closely to understand field interventions, gaining practical insights into community-based development approaches.




Dr. Nalini Singhal & Dr. Douglas D Macmillan, University of Calgary in Canada. (06.06.2025)



Dr. Vinod K Paul,Member, NITI Aayog (5.10.2025)



HCL Foundation (3.11.2025)



Dr. Shiva from Malaysia (11.11.2025)



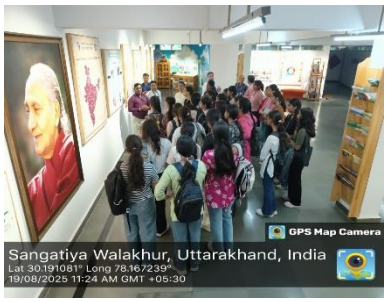
Dr. N.K. Ganguli, Former Director, ICMR (19.12.2025)



Ms. Matilda & Mr. Eduardo from Spain (23.03.2026)



SBI Foundation (13.06.2025)




Students from School of Management Studies, SRHU (19.08.2025)




Faculty of School of Management Studies, SRHU (19.12.2025)